

The Relationship between Body PH and Disease

(and other facts you're not supposed to know)

By Sarah Cain, Staff Writer



Prelude: The Unholy Business of Health Care and Its Incestuous Relationship With The U.S. Government



Could it be that the most respected of industries for which we hold in high regard could actually be the most corrupt of industries? Decades ago, the medical establishment went to war to silence a purported quackery of holistic medicine and chiropractors. This purported perversion of medicine for which the establishment fought so viciously to quell was the contention that vitamin C was beneficial to the human immune system and to overall health. It has become a conveniently forgotten history, and more importantly, a rewritten history. The new history is that the establishment discovered the benefits of vitamin C. It is still discussed infrequently since vitamin C is horrible for business, and of course, vitamin C cannot be patented.

While most practicing doctors may be honorable people who seek to help others, their schools, organizations, and governmental agencies are all controlled by the pharmaceutical companies which have less noble intentions. It is best for them if diseases are treated, but never cured. The trend is unmistakable. How many decades has it been since even an honest effort was made at developing a cure for any disease? Was it polio? How long ago was that? Alternative medicine continues to eliminate supposedly “incurable” illnesses on a regular basis. Where would the extremely influential pharmaceutical industry be if their biggest profit illness, namely

cancer, were curable quickly, cheaply, and easily? They would use their influence in government and with media corporations to make certain that alternative medicine was either discredited, or simply given no mention in the main media networks. It is exactly what has happened. In the United States, nothing can

be cited or advertised as being medically useful by a company regardless of how safe, effective, or natural it is without approval from the F.D.A. — which ultimately means that approval is necessary from the big pharmaceutical cartel. Since safe, effective, and natural cures cannot be patented in order to maximize monetary capitalization; the natural and cheap remedies are never given approval. Without approval, cures can neither be marketed or even labeled for what they really do, or the producers are imprisoned for making

“unapproved” medical claims.

FDA: Silence The Cherry Growers, and Send The U.S. Marshals

In the United States, the F.D.A. (Food and Drug Administration) is charged with the job of approving drugs and ensuring food safety, and correct labeling. In 2005, certain growers of cherries boasted of cherry's benefits on their web sites, and this required the FDA's immediate intervention.

As Reported by Mike Adams, “The FDA, for example, is deep into the business of censorship, believing that the public must be ‘protected’ from too much knowledge. For example, the agency recently sent threatening legal letters to 29 cherry growers who were posting scientific studies describing the health benefits of the many phytochemicals found in cherries (cherries work better than anti-inflammatory drugs at easing arthritis pain, rendering COX-2 drugs utterly obsolete, if you didn't already know). The FDA warned the cherry growers that if they continued to post scientific studies about cherries, then the agency would consider cherries to be ‘unapproved drugs’ and ban their sale in the United States, while arguing that cherries have never been proven ‘safe and effective’”.



Department of Health and Human Services

Public Health Service
Food and Drug Administration
Central Region
Minneapolis District
212 3rd Ave S
Minneapolis, MN 55401
Telephone: (612) 758-7114
FAX: (612) 334-4142

October 17, 2005
WARNING LETTER
VIA CERTIFIED MAIL, RETURN RECEIPT REQUESTED

Jim Seaquist, President
Seaquist Orchards
11482 Hwy 42
PO Box 204
Sister Bay, WI 54234

Ref. No. MIN-06-04

Dear Mr Seaquist:

The Food and Drug Administration (FDA) has reviewed the labeling of your cherry products on your website at www.seaquistorchards.com. This review shows serious violations of the Federal Food, Drug, and Cosmetic Act (the Act) in the labeling of these products. You can find the Act and implementing regulations through links on FDA's Internet home page at www.fda.gov.

Under the Act, articles intended for use in the diagnosis, cure, mitigation, treatment or prevention of disease in man are drugs (Section 201(g)(1)(B) of the Act; 21 United States Code (21 USC 321(g)(1)(B)). The labeling for your cherry containing products bears the following claims:

- "[N.W.] ... recently stopped taking drugs for arthritis pain not long after he began eating 50 tart cherries a day. ... It was very dramatic. Within two days the pain was gone...."
- "[T]here are beneficial compounds in Montmorency tart cherries that help relieve the pan [sic] of arthritis and gout. ... [M]any consumers are discovering that tart cherry juice and other cherry products can stave off pain."

This list of claims is not intended to be all-inclusive, but represents the types of claims found in your product labeling.

These claims cause your products to be drugs, as defined in Section 201(g)(1)(B) of the Act [21 USC 321(g)(1)(B)]. Because these products are not generally recognized as safe and effective when used as labeled, they are also new drugs as defined in Section 201(p) of the Act [21 USC 321(p)].

Under Section 505 of the Act (21 USC 355), a new drug may not be legally marketed in the United States without an approved New Drug Application (NDA). FDA approves a new drug on the basis of scientific data submitted by a drug sponsor to demonstrate that the drug is safe and effective.

The above violations are not meant to be an all-inclusive list of deficiencies in your products and their labeling. It is your responsibility to ensure that products marketed by your firm comply with the Act and its implementing regulations.

Failure to promptly correct these violations may result in enforcement action without further notice. Enforcement action may include seizure of violative products, injunction against the manufacturers and distributors of violative products, and criminal sanctions against persons responsible for causing violations of the Act.

Please advise this office in writing, within 15 working days of receipt of this letter, of the specific steps you have taken or will be taking to correct these violations, including the steps taken to assure that similar violations do not recur.

Your reply should be directed to Compliance Officer Tyra S. Wisecup at the address in the letterhead. Ms. Wisecup may be reached at (612) 758-7114.

Sincerely,

W. Charles Becoat
District Director

The Crime: Telling The Truth

The cherry farmer's had been informing people via the Internet that studies showed cherries work better than pharmaceuticals for certain conditions, and in particular, arthritis. This was their only crime, as admitted by the FDA in its own paper-trail. It is noteworthy that the FDA promised that without their "compliance" it would begin "enforcement action without further notice". Make no mistake about what they meant by "enforcement", for their history makes it painfully clear. They would have convened upon those farms at an intentionally inconvenient time with an army of U.S. Marshals; who would have held the farmers at gun-point as their cherry crops were stolen ("confiscated" as "unapproved drugs"). The farmer's knew the real threat was that they would be wiped



out.

Cherries do work better than the most expensive medicines for arthritis pain, and members of the FDA determined that this was too much of a financial threat to the pharmaceutical companies to allow the public to know. We can be fairly certain which group of corporate partners tipped them off about the "dangers" of cherries used medically.

The Scam of Heart-Burn and Indigestion

What you are about to read may seem laughable upon initial reading because of the degree of propaganda from the mainstream medical industry. Nevertheless, you will find the

statements to be true if you are willing to try the experiment that we suggest. Almost everything you have been told about heart-burn, indigestion, and common stomach ailments is a lie. Indigestion is not caused by excess acid in the stomach, nor is acid reflux. In fact, the worst treatment for these problems is taking any type of antacid — whether prescribed or not. Being acidic is the natural state of the stomach, so there is no such thing as an excess of acid or acid build-up in regards to the stomach. It is like claiming that the lungs suffer from excess oxygen, or the blood has an excess of red cells.

Attempting to neutralize stomach acid to treat an uneasy stomach is as effective as treating an excess of blood cells with leaches in the long term. Both cases would be demonstrations of using poor medicine to treat only the symptoms of relatively non-existent medical conditions which

the establishment either cannot accurately diagnose, or finds it too unprofitable to do so.

Remember as cited above, the stomach's natural state is acidic. In fact, the stomach contains one of the most powerful acids in existence: hydrochloric acid. This highly destructive acid is the core fuel of the stomach, and in concentrated form, it will tear through titanium like a hot knife cutting butter.

The truth about most stomach disorders is one of not having enough acid, so the industry has made fools out of most of us. The true reason behind acid reflux and indigestion is that when the stomach is lacking enough acid, it must churn violently to make the best use of the limited acid during these times of deficiency, which in turn causes pressure and back-flows of the existing acid. Antacids seem to work

because they render the acid being spewed by the churning stomach as less potent, and therefore less painful. In the rare cases when acid is actually being over-produced by the stomach, it is usually the body attempting to overcompensate for antacids having been routinely administered. So the effects of taking antacids snowballs, preventing proper digestion, temporarily eliminating the symptoms only, and eventually causing the very excess acid problems which the treatments originally had been meant to stop. Moreover, to recreate acids which have been neutralized, the body must carry out a set of chemical reactions which causes the rest of the body to become more acidic, which is unhealthy.

The next time you have indigestion problems try the experiment of giving your stomach the acid it needs. Take one

tablespoon of apple cider vinegar, and follow with a glass of water. Your stomach churning and pain will subside within minutes (unless the problem is ulcers). The result is likely to amaze you, especially if you have been suckered for years by antacid advertisers as we once were. Of course, no pharmaceutical company will make billions from this, and none of them will ever be able to become the gate keeper of this remedy by getting a patent to monopolize apple cider vinegar. Regulatory agencies will not be able to profit from this either. So, don't expect to read about this in the medical journals, or hear it reported in the media.

The Biggest Health Secret: The Link Between Body PH and Diseases (including cancer)



The word disease is dis-ease: to be not at ease and harmony internally. Most medical practitioners have forgotten this, at the constant urging of industry, and merely participate in what is basically chemical warfare against the symptoms of a body at dis-ease.

Times have changed much over the eons to place our health at dis-ease. Nowadays our diet hardly mimics the flora of Eden. Even when we try to eat well, our foods are saturated with insecticides, growth hormones, raised in deficient soils, have so-called flavor enhancers, and are genetically modified — typically without any labeling. Laws have even been rewritten to redefine what can be presented as “all natural” in

our foods, so now “natural” is routinely used to mask chemically engineered ingredients. The goal of the involved powers-that-be is to engineer cheap, mass-producible foods, which are highly addictive, and keep us ignorant of it. These foods line the aisles of typical grocery stores. Even colorings have been altered from being natural, and in some cases they are petroleum based. Read about red #40 if you want to have nightmares about what you are putting into your body. In the tap water, we have chlorine and fluoride in addition to hundreds of other toxins. Some of these are poisonous heavy metals — which accumulate over years since they cannot be flushed by the body. Even when not consumed orally, these enter our bodies through absorption into our skin, and in our lungs through the water mist of showers — both direct paths into the blood.

We are not told about this, just as information about cherries is actively censored. Likewise, we are never told what governments and industry knew about fluoride 60 years ago, or why the NAZIs used fluoride against their enemies.

The end result of our accumulated toxicity and everything mentioned above is that our body chemistry has been altered to become acidic. The relationship between an acidic body and illness has long been established, and the medical term for this condition is acidosis. Acidosis ironically leads to an acid deficiency in the only organ requiring acid: the stomach. The toxicity of the majority of foods of a typical diet causes the body to become more acidic during digestion, and this includes most tap water.

A body which is acidic (which is most bodies) destroys its own cells, has a crippled immune system, ages rapidly, experiences skin and hair problems, has metabolic and weight regulation problems, is dis-ease prone, is prone to allergies, cannot effectively absorb nutrients, cannot effectively flush toxins, cannot properly cope with cholesterol, cannot properly regulate minerals such as calcium, and most importantly, cannot maintain high levels of oxygen.

The opposite of being acidic is being alkaline. Chemicals (and blood) which are alkaline readily absorb huge amounts of oxygen. Most infections and cancers cannot survive in an oxygen-rich alkaline environment. For instance, oxygenated water (a.k.a. hydrogen peroxide) is a most effective infection killer because parasitic microorganisms cannot survive in contact with high levels of oxygen. However, our typically acidic bodies cannot retain the oxygen to function properly or to fight infections. When a body reaches a pH level of 7.4 (alkaline instead of acidic) cancers become dormant, and at

8.5 all cancers die rapidly, along with every other type of invader.

Keiichi Morishita wrote about the pH in his book, *Hidden Truth of Cancer*, "Drugs, medications and toxic chemicals have the effect of lowering the pH of the body, that is the reason why there are side effects to drugs and none of them effect a cure.

When body pH drops below 6.4, enzymes are deactivated, digestion does not work properly; vitamins, minerals and food supplements cannot effectively assimilate. Acid decreases energy production in the cells, the ability to repair damaged cells, the ability to detoxify heavy metals and makes the body more susceptible to fatigue and illness. Your body pH affects everything.

Research has proven that disease cannot survive in an alkaline state, and that, viruses, bacteria, yeast, mold, fungus, candida and cancer cells thrive in an acidic, low oxygen, low PH environment. An acidic pH can result from an acid forming diet, emotional stress, toxic overload, and immune reactions or any process that deprives the cells of oxygen and other nutrients.

The body will try to compensate for acid by utilizing alkaline mineral reserves, like sodium from the stomach, and calcium from the bones. This is a primary cause of osteoporosis and a number of other diseases. If there are not enough minerals in the diet to compensate, acid build-up in the cells will occur, resulting in symptoms like pain, arthritis, fibromyalgia, MS, and lupus.

Cancer is not compatible in a healthy pH environment full of oxygen. For example, cancer of the heart doesn't exist. This is because, blood flowing from the lungs into the heart, are at the highest pH and oxygen levels within the entire body. As the blood travels through the lungs, acidic toxins are thrown out of the system leaving it rich with oxygen and a high blood pH.

In the absence of oxygen, glucose undergoes fermentation to lactic acid. This causes the pH of the cell to drop even lower. Urine and saliva pH of terminal cancer patients almost always runs between 4.0 and 5.5. When the cancer goes into metastases the pH drops even lower."

"In 1964, only 1 person in 214 contracted cancer. Today it is 1 in 3 females and 1 in 2 males. The determining factor between health and disease is pH. It is not uncommon for the average American to test between 4 pH and 5 pH."

pH is the abbreviation for potential hydrogen, or the



measurement of hydrogen-ion concentration of any solution. The higher the pH reading, the more alkaline and oxygen-rich the fluid may be. The lower the reading, the more acidic and oxygen resistant the fluid is. The pH scale is from 0 to 14 with 7.0 being neutral. Anything above 7.0 is alkaline, and anything below 7.0 is acidic. Pictured above is oxygenated water, which is better known as hydrogen peroxide.

The Nobel Prize Discovery That The Media and Medical Journals Never Report

Pictured right is Dr. Otto Warburg. He was awarded the Nobel Prize for Medicine in 1931, but his discoveries have been suppressed by the medical establishment so successfully that only alternative medicine researchers ever learn of them, or him. The Nobel Foundation explained why it awarded Dr. Warburg with a Nobel Prize by writing, "...For his discovery of the nature and mode of action of the respiratory enzyme, the Nobel Prize has been awarded to him in 1931. This discovery has opened up new ways in the



fields of cellular metabolism and cellular respiration. He has shown, among other things, that cancerous cells can live and develop, even in the absence of oxygen."

Dr. Warburg discovered that cancer cells are not fueled by oxygen as normal cells are. In fact, the high levels of oxygen that are found in alkaline (non-acidic) bodies are toxic to cancers. He found that cancers get their energy from sugars and a process of fermentation in acidic environments. He proved empirically the relationships between cancers and body pH. His finding demonstrated that cancers are merely a symptom of the disease of acidosis, and therefore it is impossible to truly cure cancer without curing the underlying acidosis.

The toxic effects of so-called conventional cancer treatments such as chemotherapy and radiation actually increase a body's acidity, making it almost certain that cancer symptoms will return elsewhere, even if the initial tumors are eliminated. These treatments actually stimulate the acidic condition that originally caused the cancer, as they damage the overall immune system and the organs throughout the body. In fact, it is well-known that cancers tend to spread rapidly after conventional treatments, so the question is why are orthodox doctors using therapies that they already know will generally make the condition worse instead of better in the long-term?



Medical Quotes

"But nobody today can say that one does not know what cancer and its prime cause be. On the contrary, there is no disease whose prime cause is better known, so that today ignorance is no longer an excuse that one cannot do more about prevention. That prevention of cancer will come there is no doubt, for man wishes to survive. But how long prevention will be avoided depends on

how long the prophets of agnosticism will succeed in inhibiting the application of scientific knowledge in the cancer field. In the meantime, millions of men must die of cancer unnecessarily."

— Dr. Otto Warburg, 1966, Medical Nobel Prize winner

"Everyone should know that the 'war on cancer' is largely a fraud."

— Dr. Linus Pauling, two-time winner of the Nobel Prize for Medicine

"To the cancer establishment, a cancer patient is a profit center. The actual clinical and scientific evidence does not support the claims of the cancer industry. Conventional cancer treatments are in place as the law of the land because they pay, not heal, the best. Decades of the politics-of-cancer-as-usual have kept you from knowing this, and will continue to do so unless you wake up to their reality."

— John Diamond, M.D. & Lee Cowden, M.D.

"Chemotherapy is an incredibly lucrative business for doctors, hospitals, and pharmaceutical companies... The medical establishment wants everyone to follow the same exact protocol. They don't want to see the chemotherapy industry go under, and that's the number one obstacle to any progress in oncology."

— Dr. Glen Warner, M.D.

"You wouldn't believe how many FDA officials or relatives or acquaintances of FDA officials come to see me as patients in Hanover. You wouldn't believe this, or directors of the AMA, or ACA, or the presidents of orthodox cancer institutes."

— Hans Nieper, M.D., alternative medicine practitioner

“When Dr. Hamer was arrested in 1997 for having given three people medical advice without a medical license, the police confiscated his patients’ files and had them analyzed. Subsequently, one public prosecutor was forced to admit during the trial that, after five years, 6,000 out of 6,500 patients with mostly ‘terminal’ cancer were still alive. With conventional treatment the figures are generally just the reverse.”

— Dr. Caroline Markolin, Ph.D.

“As a chemist trained to interpret data, it is incomprehensible to me that physicians can ignore the clear evidence that chemotherapy does much, much more harm than good.”

— Alan Nixon, Ph.D., Past President,
American Chemical Society

“Two to 4% of cancers respond to chemotherapy.”

— Ralph Moss, Ph.D, 1995

“The thing that bugs me is that the people think the FDA is protecting them. It isn’t. What the FDA is doing and what the public thinks it’s doing are as different as night and day.”

— Dr. Ley, former Commissioner of the FDA

“In point of fact, fluoride causes more human cancer deaths, and causes it faster, than any other chemical.”

— Dean Burke, Former Chief Chemist Emeritus,
U.S. National Cancer Institute

“Most cancer patients in this country die of chemotherapy... Chemotherapy does not eliminate breast, colon or lung cancers. This fact has been documented for over a decade. Yet doctors still use chemotherapy for these tumours... Women with breast cancer are likely to die faster with chemo than without it.”

— Alan Levin, M.D.



“When a patient is found to have a tumor, the only thing the doctor discusses with that patient is what he intends to do about the tumor. If a patient with a tumor is receiving radiation or chemotherapy, the only question that is asked is, ‘How is the tumor doing?’ No one ever asks how the patient is doing. In my medical training, I remember well seeing patients who were getting radiation and/or chemotherapy. The tumor would get smaller and smaller, but the patient would be getting sicker and sicker. At autopsy we would hear, ‘Isn’t that marvelous! The tumor is gone!’ Yes, it was, but so was the patient. How many millions of times are we going to have to repeat these scenarios before we realize that we are treating the wrong thing?”

— Dr. Philip Binzel

Cancer Is Normal — Acidosis Is Not

Every person who takes breath on this Earth has cancer. Cancer cells are a normal part of existence. A healthy body with a healthy immune system will eliminate these cancer cells at roughly the same rate that they are spawned. Your body eliminates thousands, and perhaps millions of cancer cells every day, to insure that your body is clean of these mutated cells. It is exactly the way things are supposed to work.

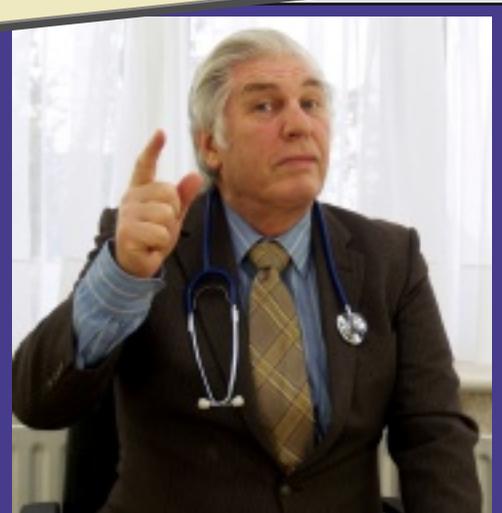
As tissues and cells die, such as those of killed cancer cells, the decaying tissues ferment to make the body somewhat more acidic and toxic. With the very active participation of the liver and kidneys, the body’s regulatory and immune systems simultaneously trigger the chemical reactions to shift the blood from being slightly acidic back to alkaline by harnessing key minerals. This is how a healthy body cures itself of cancer every day, and all of this is a testament to the wonder of God’s creation.

If a body is made too acidic by diet, toxins, or a suppressed immune system, then things no longer work as they are supposed to. Excessive acidity impairs the immune system which is the core of life itself. When the immune system is compromised, the body loses its ability to alkalize itself, and then the body loses its ability to absorb oxygen effectively. When the body is in its healthy alkaline state it absorbs and retains oxygen at a rate of 1,000 times better than its unhealthy acidic state. Without oxygen, cells must use fermentation for energy instead of oxygen, and this transforms healthy cells into cancer cells. The fermentation and cancer response may actually be a survival response for the cells.

Whenever there is oxygen depletion, there may be an excess of cancer cells which can form into tumors. This “cancer” is no disease, but merely a troubling symptom that the body’s immune system can no longer regulate itself because external forces have overwhelmed it. These things can be

vitamin and mineral depletion, illnesses, extreme stress, chemical carcinogens, unhealthy (chemically altered) fats and oils, and a lack of omega-3 oils. Diet usually plays a huge role in making a person acidic and therefore oxygen depleted, especially the synthesized products ironically marketed as healthy alternatives to natural fats and oils.

According to the official statistics published by the German Research Centre On Cancer in Heidelberg, 98% of patients treated with chemo die within 7 years, and 95% ... within 5 years. With Germanische Neue Medizin (alternative medicine) however, 98% of those patients who did not previously receive treatments with chemo and morphine survived.



Financing Available NOW!

“After one recent survey two pathologists reported that after carrying out 400 post-mortem examinations they had found that in more than half the patients the wrong diagnosis had been made. This presumably also means that in more than half the patients the wrong treatment had been given. And since so many modern treatments are undeniably powerful it also presumably means that a large proportion of those patients died because of their treatment. The two pathologists reported that potentially treatable disease was missed in one in seven patients. They found that 65 out of 134 cases of pneumonia had gone unrecognised while out of 51 patients who had suffered heart attacks doctors had failed to diagnose the problem in 18 cases.”

— Dr Vernon Coleman

Cause or Effect?

It is known and obvious that acidosis is a by-product of an over-taxed immune system, for it is known that in sickness the body is practically always acidic. The orthodox establishment considers acidosis to be a symptom of whatever disease is present in much the same way it considers tumors to be a symptom of cancer. The utter lack of success in curing cancer may be due in part to a fundamental misunderstanding of these relationships.

Cancer is merely one of many symptoms of acidosis; albeit one of the worst. Therefore, tumors are not really a symptom of cancer, but of acidosis. Cancer cells are normal in even healthy bodies, after all.

To the establishment, tumors are the disease, and are caused by a mysterious force called “cancer”. It does not require 12 years of college to immediately see the flaw in the establishment’s logic. One only needs to holistically look at the big picture to see it. Given that acidosis is known to appear at the onset of most serious diseases, including cancers, and all general infections, it is apparent that acidosis is not merely a symptom. It is a core cause.

Cancers have been cured countless times with alternative therapies designed to adjust the patients’ pH (and oxygen

intake). People have been literally saved with common baking soda and hydrogen peroxide. Of course, these are not the only methods available, and there may be much better solutions in some cases, but they have been known to work reliably, safely, quickly, and cheaply.

Curing (Not Treating) Cancer

Our goal at Naturally Good Magazine is not to treat and diagnose diseases, which would be a daunting task for any magazine. We are instead striving to help readers to help themselves. The following are some topics we strongly encourage readers to research, especially if they are impacted by cancer.

- Research the benefits of fruits and vegetables
- Alkalizing diets
- The Budwig Diet (won Nobel Prize for)
- Cold-pressed Omega-3 in light resistant capsule form
- Adding bicarbonates to the diet
- Using sea-salt
- Using tropical iodine daily
- IV and oral hydrogen peroxide therapy (oxygen therapy)
- Avoiding tap water, and using alkaline (or mineral) water
- Avoiding fluoride based products, like fluoride toothpaste
- Avoiding toxins and undergoing detox programs
- Get sun-light, the best source of the anti-cancer vitamin D
- Research into the countless herbs that fight cancer

You may notice from the list above that everything listed is safe and natural. It is the pattern that you will find with alternative medicine, because it is designed to work with your body, instead of against nature. The last thing an alternative practitioner would do is suppress your immune system, because you need it for your very survival, but this is the first thing done by orthodox doctors.

We do not ask that you necessarily believe anything we have written, and if you believe us in blind faith, then we have not done our job. We instead hope that we have opened your mind enough for you to do your own research, and for you to be willing to question those who claim authority. It is your life, and your life may depend on your willingness to do that.