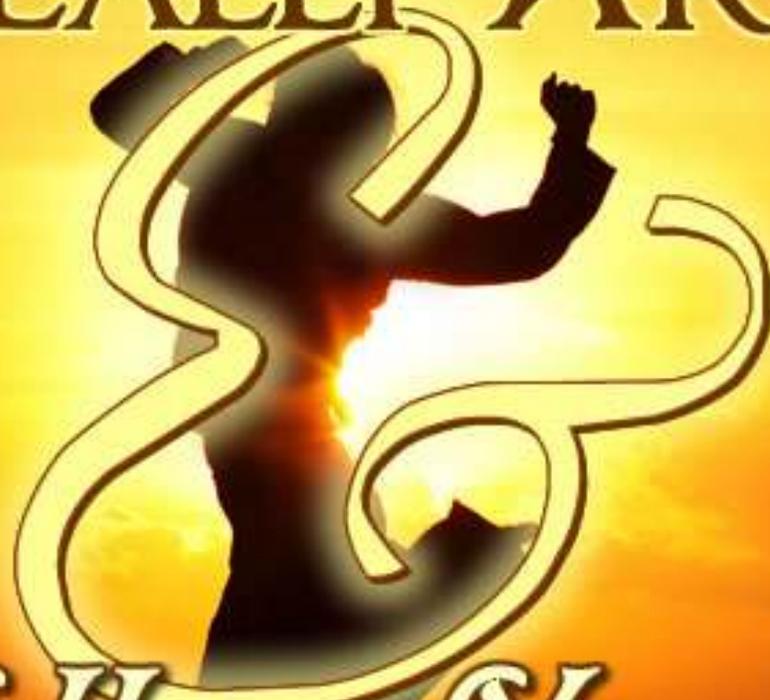


WHO YOU
REALLY ARE



WHY YOU
ARE HERE

by Richard D. Blackstone

EXPOSING THE MYSTERY OF YOU!

WHO YOU REALLY ARE
&
WHY YOU ARE HERE

ESSENTIAL FOUNDATIONS

Exposing The Mystery Of You!

BY

Richard D. Blackstone

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This book is a gift to you with the intended purpose of introducing a different perspective on the way that you view life. This shift in perspective has the potential to open doors of awareness, understanding and knowledge that may have kept you from using all of the power that you currently possess in creating the life that you truly desire. That is the intention of the author.

I AM BOOKS

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Dedication

§ This is the part of the book where the author traditionally dedicates the book to somebody or a group of people who inspired and collaborated to bring the authors dream to fruition in the form of this book. This author has been inspired to dedicate this book not to any particular person, but rather, to the principles that have kept this author on course for many years.

These principles of my being are the guiding fundamental truths that I live by daily. They are threefold:

1. *Love* is who we are
2. We are all *One*.
3. We are all here to *Create* the lives of our intentions and desires.

These are the truths of my being and the more I live in Integrity with these basic tenets of life the more I see the magnificence of “Who I Really Am” and “Why I Am Here.”

CREATE ONE LOVE

*“We are not human beings
having a spiritual
experience, We are spiritual
beings having a human
experience.”*

Pierre Teilhard de Chardin
(1881-1955)

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About the Author

§ For the first forty years of Richard D. Blackstone's life, he lived in a state that he calls "*Sleepwalking*." This is a condition where you are not really conscious of the fact that you are solely responsible for everything that happens in your life. He was under the opinion that life just happened to you and you had to roll with the punches.

He always had an innermost aspiration to "improve his life" and eventually that driving force caused him to begin a process of awakening to his true authentic self. That process continues to this day. This "awakening" has allowed him to set a course for his life that has completely transformed him from the life of a "*sleepwalker*" to one of actively manifesting the life of his deepest dreams and desires.

By living his life "consciously" he has not only become aware and understands who he "really" is, but has also been able to answer the question of "why he is here." His life purpose has led him on a journey to help others wake up to their true, authentic selves and by doing so he is on a mission to create a New World Model where LOVE is the prevailing paradigm of life instead of fear. You, my friends, are part of that journey. Eternal thanks and gratitude.

WHO YOU REALLY ARE

&

WHY YOU ARE HERE

Essential Foundations

Exposing the Mystery of You!

CHAPTER 1

THE INQUIRY

§ “Who are you?” and “Why are you here?” Have you ever asked yourself these two basic questions about your existence? Most of us, at one time or another, have pondered the elemental question of “*Who Am I?*” The next logical question you ask yourself is “*What is the purpose of my existence?*”

These questions have challenged humanity since we first began the process of awakening to this human form because deep down inside us we know that if we could answer these questions we would have a much more meaningful life.

It has often been said that life does not come with an instruction manual. We are born into this world surrounded by the love of our mother’s womb and then, at the exact moment when nature calls us, we exit that warm and nurturing environment and enter the world of the relative, physical universe.

You are totally dependent on your mother and the environment you were born into to sustain your very life. And sustain you it does. You live and breathe and drink and eat and grow and mature and learn the ways of the world according

to your surroundings and your immediate teachers. You are like a sponge absorbing the world that you are immersed in.

We all start out this way. No matter where you were born on planet earth, you began your life journey taking on the foundational elements of the habitat, the locale, the surroundings, the ambience, the circumstances, the customs, the living conditions and the prevailing beliefs of the family of your birth.

You take on the human form and embark on the human experience. So is that “Who you really are?” Are you a human being? Or let us put it another way, “Are you a human, *being*?”

My dictionary describes “Human” this way, *a. anthropoid, animal, biped, civilized, man-made, anthropomorphic, manlike, of man, belonging to man, humanistic, individual, man’s, personal, humane.*

It goes on to describe “Human Being” as a noun, *n. being, mortal, individual.*

Our dictionaries, our societies and our conditioning since birth all seem to paint this picture of us as individual, animal-like beings that are mortal. These are all very physically based descriptions that are congruent with what we can observe with our physical senses.

Is that all we are, mortal animal forms traveling this earthly journey from birth to death?

Can you see why this question of “*Who Am I?*” is so very relevant to this adventure you embarked on with your physical birth? It is definitely a topic worth exploring.

And what about your purpose for being here at all? Is it just for the “experience of being human?” or is there a larger, more grandiose reason for your existence?

I propose that by seeking clarity about these two foundational questions of “who you really are” and “why you are here” you will expose yourself to a much grander way of playing this game called “Life on Planet Earth.”

I propose that when you become aware of your “whole” self, not just the part of you that you call this human body with a brain, but your “whole” self, you will see a much more magnificent self than you ever believed existed.

I propose that when you begin to understand “who you *really* are” you will also grasp the larger purpose of your life than just an existence from birth to death. The idea of “why you are here” will take on a more exalted position in the way you experience this profound adventure you are on.

You are more than you think you are. You have powers and abilities far beyond what you believe yourself capable of. You are a critical component to the very existence of the universe.

You, yes, YOU, are the hope of humanity and it behooves you to know, not just to be cognizant, but to KNOW “who you *really* are.”

This knowledge, this *knowingness* will allow you to bring abundance, health and harmony into your life effortlessly.

This knowledge, this *knowingness* will allow you to create your own life to be one of peace, joy, truth and love.

This knowledge, this *knowingness* will allow all of us to collectively co-create a world where every person is honored and truly has the inalienable rights of life, liberty and the pursuit of happiness.

Thank you for taking the initiative to gain a deeper understanding of “who you *really* are” and “why you are here.” Nothing happens in life by coincidence or happenstance. You are reading these words because you created them in your life experience to fulfill a desire you have within you to “improve your life.”

Thank you for allowing me to be part of the process to not only improve your life but to also change the way life is lived on planet earth through your awareness, understanding and *knowingness* of “who you *really* are” and “why you are here.”

CHAPTER 2

AWAKENING

§ Before we begin our journey of exploration into this most sacred of pilgrimages, I would like to tell you a little of my own personal sojourn into waking up to “*who I really am.*”

I say “waking up” to who I really am because prior to my awakening I was living, what I like to describe as, the life of a *sleepwalker*. Yes, I was functioning at the human level and actually doing okay, according to conventional standards, but I was basically *sleepwalking through life*.

I wasn’t conscious of “*who I really am*” and so I was living my life *unconsciously*. I suspect that many people reading these words can relate to what I am saying here.

This unconscious method of living doesn’t mean I wasn’t functional. I was functioning quite well in the life-style I had chosen, which was pretty much the “American” life-style that I had been conditioned to believe was the *right way* to live since my birth.

The simple plan was along the lines of the typical “*American Dream*.” I wanted to be happy and I *believed* that I would “be happy” by “being successful”. Of course, being successful meant making a lot of money. So I set out to make a lot of money, buy lots of things, get the wife, the house, the car, the kids, the toys and all the other material things that I had been told since birth would “make me happy.”

Well, I did experience happiness, but I also experienced a lot of pain, frustration, depression and other ailments that are part and parcel of this life-style. This is not an uncommon story because most of us have been conditioned from birth to *believe* that we must work hard, struggle, put our nose to the grindstone and work our fingers to the bone to achieve this illusive ideal called “success.”

I had no idea of “*who I really am*” because, quite frankly, I never thought about such esoteric ideas. I was too absorbed in the material aspects of “being successful.” I *believed* that I was this physical body with an above average, exceptional intelligence. All my teachers and mentors told me to “be good”, “work hard” and “retire rich.” Sounded like a good plan at the time. But it wasn’t working.

I *believed* that I was a separate person who had to fend for myself, because “it’s a jungle out there” and the best way for me *be successful* was to believe in the law of “the survival of the fittest.” You have to beat the competition because there is only so much wealth to go around and if I didn’t get mine then somebody else

would. The solution was, once again, work hard, put in the time, do whatever it takes and be better than your competition. Oh yeah, and try to be happy.

The one thing I really had going for me, and it's something that you have working for you as well, was this idea inside me to "improve my life." I know you have this idea inside you too because you are reading these words. These words would not have come to you if you didn't have some desire inside you to "improve your life."

EVERYTHING STARTS WITH DESIRE.

It was this desire, within me, to improve my life that, unbeknownst to me in a conscious way, (remember, I was living my life unconsciously as a sleepwalker) that turned out to be my salvation.

You see, the universe has a funny way of doing things and I kept being guided to seek answers to those innermost questions that we all have inside us. I am not talking about the "big" questions, like "HOW TO KNOW GOD", or "WHAT IS THE PURPOSE FOR MY EXISTENCE?" I am talking about questions like "How can I bring more abundance into my life?" In other words, "How can I make more money," and questions like, "How can I make my relationships run smoother?" and "How can I be more successful?"

So you see, I didn't start out on a noble quest to be a spiritual messenger. I basically started out just trying to improve my life, just as all of you are doing. *You are on a mission to improve your life.*

So, as I was trying to "improve my life" a friend of mine called me up, and this was sometime around the mid-1980's or so, and he says, "Hey Richard, you should turn on your television and listen to this fellow on PBS." So I turned on the tube and it was one of those PBS fund-raisers, and there was a spiritual master by the name of Deepak Chopra. He was talking about a book he had written called "*The Seven Spiritual Laws of Success.*" Hey, right up my alley.

Well, I listened to what he had to say and I was totally fascinated by his talk because everything he said made sense. Now, I didn't know it at the time but by listening to Deepak that night I took my first steps on this spiritual path that has taken me to where I am today. It didn't hit me like a bolt of lightning. In fact, my life seemed pretty much the same but I was motivated enough to go out and buy the book. And then, I read the book and then, I read the book again, and then....I read the book again, and again, and again. It is not a very big book so it is pretty easy to read, but it wasn't the ease of reading the book that mesmerized me, it was the power of the words in this book, these *Seven Spiritual Laws*. They started me working on my ego and what I discovered was that the more I was able to suppress my ego the clearer life became to me. I began to see the parts of life's

puzzle start to fit together. So I was really pleased with the direction my life was taking and I decided to continue on with this spiritual path and see where it would take me. I began to apply these spiritual concepts to my relationships and to my business. My relationships smoothed out and my business just took off. I actually doubled my income in one year by focusing on service and love instead of just making money. Could this be the formula to the success that I had strived for my whole life? I was now easily making a large six-figure income in an almost effortless manner and loving what I was doing. Whereas before this *awakening* I had struggled my whole life and not really enjoyed what I was doing in an effort to just get by.

Fellow adventurers, I am here to tell you that this stuff really works. Now, let me rephrase that last statement. I am here to tell you that this stuff really works for me. It can really work for you also but that would be entirely your choice because, as you will come to discover, we are at total choice in all matters.

I made a choice, in my mid-forties, to turn on the television and watch Deepak Chopra. After watching Deepak I made another choice in my life. I made a choice to “*live my life more consciously.*” What I came to realize was that by living my life more consciously I brought into my life that which I put my attention on. It is called “The Law of Attraction.”

By keeping my attention on this spiritual path I brought into my life the opportunity to see Deepak give a live presentation on another book he had written called *“The Spontaneous Fulfillment of Desire.”* It was a fascinating talk and early on in his talk he revealed the *“Five Secrets That Could Heal the World.”* But he made a little disclaimer and said, “You really only need to know the first secret.” The first secret is TO UNDERSTAND THE TRUE NATURE OF HOW THINGS WORK.

If man could just *understand the true nature of how things work* then we could align with that understanding and achieve those elusive ideals of inner peace and peace on earth. If we just knew *Nuts & Bolts Spirituality*, then we could begin to *understand the true nature of how things really work.*

What I have done, by focusing my attention on seeking clarity about the true nature of how things really work, is to choose the path of the messenger. The message I live is three-fold:

First: **LOVE** is who we are. Love is at the core of our being and we can tap into using it at any time.

Second: We are all **ONE**. We are all spirit children of the source of all that is. We are not separate from the source. We are all one with the source.

Third: We are all here to **CREATE** the life of our intentions and desires. Each of us has, within us, the same powers and abilities of creation as the source

from which we came. We are all creators who are creating our lives through our choices.

This is what happens when you wake up from the life of a sleepwalker and become aware of “who you *really* are.” You are able to transform your life. That is the real power of knowing “who you *really* are.” It is the power of creative transformation.

I know this because I am a living example of transforming my life from one of living unconsciously in quiet desperation to one of consciously creating my life with active manifestation of my every intention and desire. I allow ABUNDANCE, HEALTH & HARMONY to flow into my life effortlessly.

If it can happen to me it can happen to anybody. The key is in knowing “who you *really* are.”

CHAPTER 3

THE FOUR-WORD QUESTION

§ Let us agree to have fun on this adventure together. I am going to talk about this concept called *spirituality* with the intention of coming to clarity on some of the beliefs that we hold about life. As we explore these belief systems we are going to put them to a test. The test we are going to use is as simple as a **FOUR-WORD QUESTION** but I don't want you to worry about passing the test because no matter what answer you come up with, it will be the correct answer for you.

You cannot flunk this test. It is kind of like life. You cannot flunk life. When you are alive you are passing life's test and you will continue to pass life's test as long as you continue to be alive. Whether or not you are enjoying yourself while you are doing the life test is once again answered by the **FOUR-WORD QUESTION**.

The **FOUR-WORD QUESTION** you need to ask yourself as you explore your own belief system is this:

“DOES THIS SERVE ME?”

Does it serve you to *believe* that you are separate from other people, separate from this planet that sustains you and separate from your source? Or does it serve you to *believe* that you are one with all people, one with your environment and one with your source?

These are the two *belief systems* that we are going to explore on our adventure together as we look at the **Nuts & Bolts of Spirituality** and examine the questions of “*who am I?*” and “*why am I here?*” During this investigation of these two belief systems I would like you to suspend any judgments or preconceived notions you may have about this concept called *spirituality* and just listen to the words and the concepts. Please don’t put labels on them because this limits your perspective and with a limited perspective you can’t see the whole picture. Just listen to the words and the ideas and then ask yourself this four-word question.

DOES THIS SERVE ME?

If the words and concepts seem to serve you, if they resonate with your inner guidance system, you may want to incorporate them into your thought process for your own evolvment. If this message does not have the ring of truth to you, you may not want to incorporate these ideas into your life.

It is entirely up to you. However, here is what I would ask you to do. Ask yourself the four-word question when you hear something or want to analyze any person, event, or experience in your life. Ask yourself,

DOES THIS SERVE ME?

Does it serve you to continue to believe that you are a *separate* entity from all people and things in this universe, including the source of your existence? Or does it serve you to believe that you are *one* with all things and *one* with your source?

That is the question I want you to ask yourself when we are done with our journey together here and the answer you get will be the answer that you, yourself, will make. Don't take my word on what serves you best. We have all done that throughout our lives and look where it has taken us. Look at your own life and look at the world society that we live in and ask yourself, "*Have I been served by my beliefs?*"

As I mentioned earlier, we are going to investigate these ideas and concepts to see what serves you. To investigate means that you are going to invest your time and your thoughts. This is critical thinking time. What you are actually doing is investing in yourself and my philosophy is that the more you invest in yourself the greater the harvest you will reap.

Once again, I want to thank you for taking the time to think about these life transforming concepts. The universe works in strange and mysterious ways, its

wonders to perform. You were sent this material for a reason. Please use the FOUR-WORD QUESTION not only during this odyssey of ours but throughout your life to help you in your quest to improve your life and, by that personal improvement, also improve the way life is lived on planet earth.

This is how it all happens. First you transform yourself and then you transform the world you live in. It all starts with you.

Margaret Mead put it best when she said, *“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”*

You are so important to the world right now. Ask yourself this question,

DOES THIS SERVE ME?

CHAPTER 4

SPIRITUALITY

§ What is spirituality? Well, first let me tell you what spirituality is not. Spirituality is not religion. Religion is a belief system that comes from a particular point of view and all people do not hold the same religious beliefs. In fact, not all people participate in religion or church in any form.

Spirituality, on the other hand, is universal. All people participate in it and all people agree with it, even if they don't know it and even if they don't call it that. Because spirituality is nothing more than life itself, *as it is*. Spirituality says that “*All things are part of life and there is interconnectedness to everything.*”

You will hear arguments about whether or not there is a God and you will hear arguments about whether or not all things are part of God. But you cannot argue about whether there is life. Just look around, this is obviously *what is so*. And you cannot argue about whether all things, which we know of in this physical

universe, are part of life, as opposed to being apart from life. So what we are left with is arguing about whether “LIFE” and “GOD” are the same things.

Even an agnostic or an atheist would agree that there is some force in the universe holding it all together. There is also something that started it all, and this something that started it all existed before the universe, as we know it, existed.

So even if you say that the universe burst into being out of nothing at all, you must still deal with the question of *first cause*. What *caused* something to arise out of nothing at all?

This first cause is “LIFE” itself, expressing in physical form.

It is life, in formation. You can't really disagree that life exists because this is obviously *what is so*. You can, however, disagree and argue over how to describe this process, what to call it, what to infer from it, and what to conclude. This is where religion comes into the process. Religions attempt to label and codify the life process, then infer certain traits from it, and then make conclusions about their definitions. That is why there are so many religions, but only one concept called *spirituality*. And all of these religions are *separate* from each other, while spirituality is an *all-inclusive* theory that says we are all *one*.

When we use the word “God” we are talking about *first cause*. We are talking about “that which was” before “that which is” was. We are talking about

“that which will be” after “that which is” is no more. We are talking about the Alpha and the Omega.

In *spirituality* you understand that the words “LIFE” and “GOD” are interchangeable. If the process you are observing is the process of “LIFE” in formation, then you and I are all “GODs” in formation. Because “LIFE” and “GOD” are interchangeable. That is, we are God’s *information*.

In order for us to get real clarity on life and the concept of spirituality we have to look at what is arguable concerning this process and then see *what serves us*.

Ask yourself this, “If you were the world emperor and could dictate how the world should be, would you create a world of killing and destruction, a world where there is a very real possibility that the livability of the planet may be destroyed by our own hand? Would you create your own life to be one of quiet desperation and struggle and a fear of not having enough of life’s bounty?”

What if you had the power to create an effortless life of peace, joy and love?

What if you had the power to create a world where all people live in harmony and the pervasive attitude is one of LOVE instead of fear? Where every person has the true freedom to pursue a life of their own passion instead of a job of drudgery. Where every person is honored and truly has the inalienable rights of life, liberty and the pursuit of happiness.

Well, I am here to tell you, “YOU DO HAVE THAT POWER.” You have, within you, the true authentic power to create yourself, and the world we live, in any manner that you choose. *It is all a matter of choice.*

What we have done, as individuals and as societies, is to *choose* a belief system that is not designed to allow us to be the highest vision of ourselves, as individuals or as societies.

We have *chosen* a belief system that is based in fear. We have *chosen* a belief system that says we are separate from each other and separate from God. And because we have *chosen* this belief system we are living with the consequences of our choices.

Remember, *this is all a matter of choice.*

We, as individuals and societies, have the *free will* to make another choice if we so desire. We can *choose* to live within a belief system that says we are all “One”. This is a LOVE- based belief system and this system is designed to allow us to truly live within the adage of “*Do unto others as you would have them do unto you.*” Because in this belief system, that is the way it is. What you do for another, you do for yourself, and what you do for yourself, you do for another.

Once again, when you have finished reading this book, I want you to ask yourself, “Which of these belief systems serves me?” When you answer that question I want you to “*Be what serves you.*”

Okay, let us get down to the real [Nuts & Bolts of Spirituality](#) so that we can better understand where we are today and why we chose, both individually and as a society, to believe that we are separate.

It gets pretty exciting from here so prepare yourself for some ideas and concepts that may shake your current belief systems but remember that we all agreed to open our hearts and open our minds to this information with the intention of reaching clarity on the questions of “Who am I” and “Why am I here.”

CHAPTER 5

BEFORE THE BEGINNING

§ In the traditional story of creation what we usually start with is “In the beginning God created the heavens and the earth.” We all know Genesis 1:1, but we are searching for the real elemental foundation of our existence here, the very core of this concept called *spirituality*. So our questions must be, First, “Why did God create the heavens and the earth in the first place?” and Second, “What is our purpose in that creation?”

What *caused* “In the beginning.....?”

When we can answer these questions we will begin to understand the bigger picture of life and from that understanding we can see our own lives with more clarity and awareness. Unless you don't. Remember, *this is all a matter of choice*.

Question:

WHY DID GOD CREATE THE UNIVERSE IN THE FIRST PLACE

AND WHAT IS OUR PURPOSE IN THAT CREATION?

Our scientists can trace the origins of the universe back in time and they tell us that everything that makes up the universe came from a huge explosion of energy about fourteen to fifteen billion years ago and from this expanding energy the entire universe was created. This is called the “BIG BANG” theory and is the most widely held theory of the origins of the universe.

For our discussion here we are going to accept this scientifically documented theory and, by doing so, we must believe that everything in the universe, everything that exists, the stars, the planets, the galaxies, the mountains, the oceans, the air we breathe, you and I , and everything that exists, came from the *source* of this “BIG BANG.”

Can we all agree on that? So, everything that exists came from the *source of everything*. That is perfectly logical. This source of everything is what most people in the world call “God.” You can call this source many things. You can call it God or Allah or Jawah or Brahma or Nature or Eloim or Life or Love. There are many names for the source but for our purposes in this book we are going to call the source “God.” This “God” is neither male nor female so we will use both genders as we use the term “God” in this book.

Now God, who is the *source of all things*, also knows all there is to know about everything in the universe and beyond the universe. The physical and the

metaphysical. She has to. If you are the *source*, then *everything that is* came from you and you know all there is to know, all the time.

Prior to the creation of the universe, God existed in the *realm of the absolute*. In the *realm of the absolute* God knows all things *conceptually* and God is all things *conceptually*. At the core of God is love and the only love that God knows conceptually is “unconditional love.” God is the all of everything and love is what God is.

Now this God, this *source of everything*, knows everything *conceptually* but knowing is not enough. It was God’s desire to *experience* all that she knows.

You see, you can believe yourself to be generous, but unless you do something that displays generosity, you have nothing but a concept. You can believe yourself to be kind, but unless you do someone a kindness you have nothing but an idea about yourself.

It was God’s desire to turn his grandest *concepts* about himself into his greatest *experience*. You see, until concept becomes experience, all there is is speculation.

So let us go into a little detail here so that we get the full flavor of God’s desire to experience herself. Please stay with me on this or come back and re-read this again because this is the information that is going to make all the rest of your life make sense.

CHAPTER 6

GOD'S DESIRE MADE

MANIFEST

§ God, the source of *all that is*, while residing in the *realm of the absolute*, knows that he is *all there is*, and there is nothing else. Yet, *all there is* cannot know itself because *all there is* is *all there was*, and there was nothing else. There was no other reference point. And so, *all there is*, is not, because in the absence of something else, a reference point, *all that is*, does not exist. It is not.

Now God, *all that is*, knew he was *all that is*, but this was not enough because she could only know her utter magnificence *conceptually*. But God longed for the *experience* of her magnificence. She wanted to know what it *felt like* to be so magnificent but this she could not do because the very term *magnificent* is relative

to that which *magnificent is not*. You see, in the absence of that which is not, *that which is*, is not. It is the theory of relativity.

In the *realm of the absolute* everything that is known is a *concept*. Only through relativity can you match a concept to something the concept is not and thereby *experience* it.

Now God, as *all there is*, knows that there is nothing else. There was no other reference point outside of God, outside of *all there is*, and God is *all there is*. Only one reference point exists, and that is GOD. So God knows that if he desires to experience all that he knows conceptually he will have to use a reference point within. And this is something we should all remember, all the time. *Use the reference point within.*

So God, the source of *all there is*, reasons that by dividing the source of *all* into portions, each portion, being less than the whole, could look back on the rest of itself and see magnificence.

God, in one “BIG BANG” became *that which is this*, and *that which is that*.

God created the universe of relativity in order for God to know experientially all that she knows conceptually.

This is the greatest gift God ever gave to herself to know herself and it is this relationship world that is God's greatest gift to us. Why? Because relativity is the mechanism that allows God to experience himself in, as and through us.

Just as God created the "physical universe" by a division of all that is, she also created the "metaphysical universe" as a device to allow us to create in the same manner that God creates.

WHY WAS THE WORLD CREATED IN THE FIRST PLACE?

In order for God to know experientially all that she knows conceptually. How does she do that? In, as and through us. That is our purpose here in the realm of the physical. We are in a giant collaboration with God. Our mission is to experience life in all of its different perspectives in order for God to know, *through our experiences*, all that she knows of as concepts.

How do we have these experiences? We create them. We have *free will* to create our lives in any manner that we choose. There is not agenda set out for us except what we *choose* as an agenda. We are free to be whoever we choose to be. The state of being that we choose will determine what we end up doing. Because beingness creates doingness.

BEINGNESS CREATES DOINGNESS

This is a critical point in our awakening. It is important that you understand the concept that *your beingness creates your doingness*.

This is one of the reasons that there is so much frustration in the world. People are real concerned about what they are *doing* and not giving a thought to what they are *being*. When you wake up, you begin to concentrate on what you are *being* and trust and understand that your doingness will spring from that. We will be talking about this concept that *your beingness creates your doingness* later in the book, but for now let us continue to look at what our purpose is and how this concept of relativity makes it all work.

Remember, God created the physical universe as the stage upon which God could know herself experientially rather than conceptually. God created the “metaphysical universe” as well, from which exploded an infinite number of energy units smaller than the whole. These energy units are what we call “Spirits or Souls.”

God’s purpose in dividing herself into these *spirit units* is to allow her to know herself experientially. You see, there is only one way for the CREATOR to know itself experientially as the CREATOR and this “TO CREATE.”

So each of these countless parts of the whole, these *spirit children*, were given the same power to create that the creator has as the whole.

When we say that we were created in the image and likeness of God, we are not saying that we all physically look like God, although technically this is true because God is all things, but rather what we mean is that we were created with

the same properties and abilities as God, including the ability to create physical reality out of thin air.

God's purpose in creating us, her spiritual offspring, was for God to know herself as God in, as and through our experiences here in the physical plane. God has no other way to do that except through us, her *spirit children*. It can be said then that "GOD'S PURPOSE FOR US IS THAT WE SHOULD KNOW OURSELVES AS GOD."

In fact, we do know this. We are all THREE-PART BEINGS made up of MIND, BODY and SPIRIT. The spirit part of our beingness is very clear on the fact that we are a spirit child of God with the same powers and abilities as God.

So why don't we all act more God-like and why don't we stop killing each other and why don't we have inner peace and peace on earth?

The answer lies in this beautiful concept of relativity. You see, there is only one way for you to know yourself *as God*, and that is for you to first know yourself *as not God*.

How are we doing so far? Are you staying with me here? I love this part of the process because we get to see the wonderful subtleties of this huge creation and from that emerges the symmetry that ties it all together and allows us to see things from a larger, clearer perspective.

Let us summarize here a bit and see where we are. We know that the universe exists and we know that we, as human beings, occupy this physical plane and have, within us, these powers of reason, logic and thinking. This separates us from all of the other physical things that occupy this universe with us. The stars, the planets, the animals, the plants, none of these other entities are able to exist and use thoughts in the same manner that we do.

Our questions were,

“WHY WAS THE UNIVERSE CREATED IN THE FIRST PLACE?”

and

“WHAT IS OUR PURPOSE IN THIS CREATION?”

We understand that God created the universe in order to know *experientially* all that God knows *conceptually*. We understand that God created us, as *spirit children*, so that we could experience in the physical world all that God knows as concepts in the absolute plane. God can only do that in, as and through us. *God’s spirit children*.

Each spirit, each individuation of God, knows all that God knows. So why aren’t we more God-like in our dealings with each other? Let us explore this wonderful concept of relativity to find the answers.

CHAPTER 7

RELATIVITY

§ WHAT IS RELATIVITY? Relativity tells us that in order to experience something, we first have to come to know the opposite. This idea that we cannot know the concept of tall until we compare it to something that is not tall, something we might call short. We can't know hot unless we also come to know cold.

Everything in the physical universe is relative. *What you are* is a spirit child of God, but you cannot experience yourself as *what you are* until you have encountered *what you are not*. That is the purpose of the *Theory of Relativity* and all physical life. It is by that which *you are not* that you, yourself, are defined.

In our knowing of ourselves as a spirit child of God, with all of the same powers and creative abilities of God, we cannot *experience ourselves as CREATORS* unless, and until, we create. And you cannot *create* yourself until you *uncreate* yourself. You have to first *not be* in order *to be*.

Okay? So how do we do that? Now, there is no way for us not to be who and what we really are, *Spirit Children of God*. That is who we *really* are. Always have been and always will be for eternity. That is who we *really* are. So how do we not be that? Well, we cause ourselves to forget who we *really* are.

We make an agreement with God to voluntarily forget who we really are when we enter the physical universe. This agreement, this collaboration with God, allows us to *choose to be who we are*, rather than knowing all along that we are a *Spirit Child of God*. It is in this wonderful gift of forgetting who we *really* are that we are allowed to choose the experiences in life that define ourselves.

Without this voluntary amnesia of who we *really* are we wouldn't have choice about something over which there is no choice. *We are Spirit Children of God no matter what*. We cannot *not* be that, however we can *forget* that. It is in this *forgetting* of who we *really* are that allows us to choose the relative experiences that help us remember who we *really* are.

And as we *re-member*, that is, become a member once again, of who we *really* are, we also can *re-member* who everyone else is. That is why a big part of our purpose here is to *re-mind others* so they can *re-member* also. You might say that it is your soul, s-o-u-l, purpose.

As you can see in our world today, *this voluntary amnesia really works*. Most people have a very good handle on *who they are not*. This does not change the fact though that *who they really are* is a *Spirit Child of God* with the same powers and abilities as God. It just means that they are living within a *belief system* that allows them to believe that they don't possess the same creative powers that God has.

But don't we have choice in all matters? If we have choice about ideas such as peace or war, why do we keep choosing war? If we have ideas about love and fear, why do we keep choosing fear? If we have ideas about life being a struggle, or life being effortless, why do we keep choosing to struggle?

Ladies and gentlemen, it all comes down to what we have chosen, both individually and as societies, as to what we *believe*.

We have chosen a *belief system* that says we accept the voluntary amnesia of forgetting who we really are upon entering the physical universe. By doing so, we are saying that *who we are not* is how we choose to define ourselves. If that is your choice, well, that is okay, but I want you to ask yourself this question,

[“DOES THIS SERVE ME?”](#)

“Does my individual struggle to meet my basic needs serve me?” “Does my participation in a society that kills people and destroys the planet serve me?”

If you believe it does, then continue to make those choices. But what if you knew of another *belief system* that would end your life of struggle? What if you knew

of a *belief system* that honored all people and the planet that sustains us? Would you choose such a *belief system* to live by?

Well, it does exist and the basic premise of this *belief system* is based on the idea that you and I are all *Spirit Children of God*. We are all one in a quest to know experientially all that we know of conceptually. This *belief system* says that we are all in a giant collaboration with God. What a neat idea because this God is fun to play with. She gives you complete freedom to do as you choose, with no retribution, because she is experiencing everything in, as and through you, without judgment.

So, what is holding us back from living a life that serves us?

Why do we believe so strongly in being who we are not?

What are the forces at work that keep us tied to this idea that we are separate from each other?

To answer these questions, let us take a look at what I like to call the *Two Theories of the Universe*.

CHAPTER 8

TWO THEORIES OF THE UNIVERSE

THE FIRST THEORY OF THE UNIVERSE

§ The first theory of the universe says that God is a monarch and the universe is basically inert. God created the universe and everything that exists all at one time and that was the end of his creation. Now he is letting us do what we will while he watches us and judges our actions.

This God is like a King. He is superior to us and we are subjects to him. It is like the divine right of kings and at your core there is something basically wrong with you. You were born with original sin. You cannot be trusted and because you cannot be trusted you have to rely on this thing outside of you that you are *separate* from in order to sustain yourself.

Now, where this theory came from is very bizarre because none of the great avatars, teachers and spiritual leaders, people like Jesus, Buddha, Mohammed, Krishna, Moses, Abraham and many more, none of them taught this philosophy.

What happened is that when men came along later and recorded these teachers' histories and then established religions based on their teachings, the religions that were formed thought that the concept of being separate from God was more important to them than being one with God. And why would they do that? Simply so that they could control us. You see, if you are thought of as an inferior being, then you would have to depend on the religion for guidance.

The problem with this theory is that, if you subscribe to it, you will always be lost and most of the people in the world subscribe to it.

Generally, God is seen as a male, a dead white male who resides in heaven and makes decisions and grants wishes in accordance with some rules or guidelines that he knows and we don't. We have a general idea and we have what we accept as God's Commandments, but we are not exactly sure. You will stay lost for the very reason that at your core you are untrustworthy because you are *separate from the divine*.

If you are not trustworthy, then you can't even really trust in your untrustworthiness. Everything that you think and act upon is coming from this untrustworthy source. So you can never, ever, actualize yourself and you can never,

ever, be divine, nor can you become a manifestor, as Jesus said, and “Do all that I have done and even greater things.” You can’t do that if you subscribe to this theory of ‘God as the boss’ because the only one who really knows is the boss’s son, and the boss’s son is different from you. You are not the boss’s son.

That is the First Theory of the Universe

THE SECOND THEORY OF THE UNIVERSE

§ The second theory of the universe says that God is not a dead white male in heaven, but that God is a universal intelligence that flows through all things and as its core is LOVE. This God does not judge and it does not condemn and it is everywhere and it is available to you and it is inexhaustible and it is not born and it does not die. It is eternal.

Because this theory says that God is everywhere and in everything and there is nothing that God is not, then we must believe that this universal intelligence, this infinite energy, is in us and part of us and we can tap into using this energy whenever we want.

When you subscribe to this theory, you see that you are not separate from the divine source but you are *ONE* with the divine energy that is everywhere. It is universal, one song, uni---verse.

This theory allows you to liberate yourself from any pre-conceived conditions that were handed to you by your great teachers, like your mother and father, your school teachers, your religious leaders and , of course, the almighty television.

The most powerful and extraordinary ability that this theory gives us is the ability to create our lives in any manner that we choose. You *can* create the life of your intentions and desires. Let me say that again in the present tense. You *are* creating the life of your intentions and desires.

What we are talking about here are two *belief systems*. The first theory of the universe supports a belief system that says that we are *SEPARATE* from one another and is *FEAR-BASED*.

The second theory of the universe supports a belief system that says that we are all *ONE* and is *LOVE-BASED*.

The first theory of the universe is supported by all of the major religions as a means of controlling the masses. This is one of those oddities in the world of humans that has had a profound effect on how we live today and how we must know *what we are not* before we can know *who we really are*.

It is all part of this wonderful grand plan that God devised when he created the physical universe and the concept of relativity. It all holds true because relativity tells us that you cannot know something as an experience unless you

compare it to something it is not. You can't know the concept of generous until you compare it to the concept of stingy. You can't know the concept of *ONENESS* until you compare it to the concept of *SEPARATION*.

The world, as humans have currently co-created it, is ruled by the *belief* that we are separate from each other and separate from all things and separate from God.

By *believing we are separate* we have make choices that do not seem to serve us. By *being separate*, what we are *doing* is killing our fellow human beings and destroying the ability of our planet to sustain the life form known as human beings. Remember, *our beingness creates our doingness*. And what we are *being* is separate.

The question once again is,

[“DOES BELIEVING THAT WE ARE SEPARATE SERVE US?”](#)

Each of you must go within yourselves and answer that question. The answer that you, yourself, decide on will determine who you choose to *be* and in your beingness will you do the things it takes to manifest the beingness you choose.

CHAPTER 9

RELIGION

§ The *belief that we are separate* is supported by most of the world's major religions and these religions were all founded from the teachings of masters who told us that *we are all one* in the eyes of God.

So we have these institutions that have a vested interest in maintaining a structure that has the right foundation, that is, that *we are all one in the eyes of God*, but it has the wrong architecture, that is, that we are *separate from each other and separate from God*.

Unfortunately religion has resorted to using FEAR as the glue that holds it all together rather than LOVE. Religions tell us that if we don't believe in their particular doctrine we will be denied entrance into heaven. Now, Love would never say that. Ask yourself this,

“DOES THAT SERVE ME?”

Spirituality says that love is all there is and at our core, just like God, we are love.

The belief that we are separate is a FEAR-BASED BELIEF. The belief that we are one is a LOVE-BASED BELIEF. Ask yourself this,

“AM I BETTER SERVED BY LOVE OR BY FEAR?”

So here we are in the present moment. We have opened our hearts and our minds to receive this information without judgment with the idea of reaching clarity on what serves us.

By viewing the world and observing *what is so*, we observe that for the past two thousand years of recorded history humans have relied on the world's major religions to answer our innermost questions concerning life and our relationship with the source of life, God.

We observe that all of the major religions are founded by teachers who taught that *we are all one with a God who loves us unconditionally*.

We observe that the major religions have adopted a point of view that says if you don't believe according to their particular doctrine, then you may be subject to being judged unworthy to enter heaven.

We observe that this is a fear-based belief system solely supported by the concept that we are separate from each other, and separate from God. This is the only way it can work.

We observe that the beliefs of these major religions have come to us today basically unchanged for over two thousand years. And we observe that any attempt to change these fear-based beliefs is almost impossible to do. The institutions won't allow it. In other words what we observe is that *religions have not evolved with the other cycles and institutions of life.*

One thing that we know for sure is that life is change. Nothing stands still in life, NOTHING.

We are changing moment to moment. Every cell of our body changes and it has been documented that in seven years every cell of our body is different. Everything that we know of in this physical world is moving. From the cells in our bodies, to the house you live in, to Mount Everest. When you put it all under a powerful microscope we see that everything is moving and vibrating and changing.

LIFE IS CHANGE. We are all evolving. This world we live in is changing at a rapid pace, one would say an accelerated pace. Technology is advancing so fast that we can hardly keep up. Less than one hundred years ago the world was largely agriculturally based, then we had an industrial revolution and went to an industrial base. Now we are in a technology revolution and an evolution in communications and information. We are advancing headlong into areas that we cannot foresee with the technological ability to develop weapons of mass destruction that can destroy our very planet.

And what do we have to guide us through these tremulous times? Fear-based religions that have not evolved or changed in over two thousand years.

Are we to believe that God talked to the great teachers of these religions, people such as Jesus, Mohammad, Krishna, Buddha, Moses, Abraham, and many, many others and then that was it?

You mean in the past two thousand years nobody else has been given an update or a message that we may have misinterpreted something by the people who wrote down the stories of these teachers? Sometimes hundreds of years after the teacher's death?

You mean nobody has been given guidance by God or even talked to God in a meaningful way in all this time?

I DON'T THINK SO!

CHAPTER 10

GOD TALKS TO EVERYBODY

§ God talks to everybody. Not just a chosen few but everybody. You are a THREE-PART BEING made up of MIND, BODY and SPIRIT. We are all *Spirit Children of God* and as such we are all part of God. Not just some of us, but all of us. We are all *ONE WITH GOD*. Not part of the time. All of the time.

We are all in a giant collaboration with God. We are experiencing in the physical universe all that God knows conceptually in the realm of the absolute. That is the purpose of our existence.

If what you are experiencing is a *belief* that you are *separate from God* and a *fear of God*, well that is okay. You have *free will* to experience and believe whatever you

desire. God isn't going to punish you or send you to hell, because this physical place called hell does not even exist, except in your mind.

God is not going to stop loving you because you did something *wrong*. In God's world there is not *right or wrong*. In God's world there is only *what is*.

And when you learn to accept *what is*, you begin to wake up and discover that God has it correct. *There is no right or wrong*. There is only *what is so*. You then look at *what is so*, and I mean *you really look at it* and you ask yourself,

“DOES THIS SERVE ME?”

If it serves you then use it and put the meaning to it that you desire and will take you to where you want to go. If it does not serve you then choose again from the infinite variety of choices available to you and see if that serves you. *You are at total choice in all matters*.

When you are sleepwalking you don't think that you have a lot of choices. When you wake up and live in awareness you see nothing but choices. That is why it is important to wake up. And the alarm clock that wakes you up isn't sitting on your nightstand, it is *within* you. You must go *within* yourself to activate it.

YOU NEED TO PRIORITIZE YOURSELF IN THE DECISIONS YOU MAKE

ABOUT YOUR LIFE

You need to take an inventory of who you are and then you need to decide. “Who do I choose to be?” You need to ask yourself, “What do I hold as the highest

vision of myself and what would it take to 'be' that person?"

Once you have this vision in place you merely create your life to fit that vision.

IT IS AS SIMPLE AND AS COMPLEX AS THAT

Here is the good news. You get to do the simple part and you let God and the universe do the complex part. The simple part is to just tell God who you intend to be. The key is to do this *consciously* instead of unconsciously like the *sleepwalkers* do.

Are you ready to change your life? Is there a higher vision of yourself that you aspire to be? Would you like to create a new world model in which to live and love and grow into your highest ideals and visions?

It is all available to you when you become aware of your true, authentic powers of creation. **ABUNDANCE, HEALTH & HARMONY** flow to you effortlessly once you understand that these are your birthrights as a *Spirit Child of God*. Truth, joy, peace and love permeate your very beingness once you know who you *really* are.

Who you *really* are is a spiritual being, not a human being.

Pierre Teilhard de Chardin, a French Jesuit paleontologist, biologist and philosopher put it best when he said,

“We are not human beings having a spiritual experience. We are spiritual beings having a human experience.”

You are *one with your source*, not separate from your source. As such you are *one with the creative powers of your source*. There is nothing that you cannot be, do or have if you truly desire it and believe that you may have it.

It all starts with believing in yourself and the best way to believe in yourself is to love yourself the way God loves you, *unconditionally*.

Then it becomes easy to serve your purpose, which is to *experience in the physical plane all that you know of conceptually in the realm of the absolute*.

In the *realm of the absolute* you know that **ABUNDANCE, HEALTH & HARMONY** are your natural state of being.

Choose to experience that in the physical plane. It is a choice. Everything is a matter of choice.

Choose *Love*.

Choose to be *One* with all that exists.

Choose to consciously *Create* the life of your intentions and desires.

CHOOSE TO BE WHO YOU REALLY ARE.

CREATE ONE LOVE