

The Great Spirit the Universe and You

By Lynn Claridge

THIS IS A FREE eBook
Feel free to Share or Give this eBook to Anyone.
You may not sell or modify this eBook in anyway.

[Visit the Website
www.inthe6th.com](http://www.inthe6th.com)

The concept of "*in the 6th*" is to help you discover your inner abilities and the real you. Learn how to Meditate and become more self-aware of yourself and others around you. Gain self-confidence through personal development to improve your quality of life. Besides articles we also feature recommended web sites offering Self Development, Psychic Readings as well as Astrology, Numerology, Tarot Card readings and Self Healing.

Limits of Liability / Disclaimer of Warranty

The authors and publishers of this book and the accompanying materials have used their best efforts in the preparing of this material. The authors and publishers make no representation or warranties with respect to the accuracy, applicability, fitness or completeness of the contents of this material. They disclaim any warranties (expressed or implied), merchantability or fitness for any particular purpose. The authors and publishers shall in no event be held liable for any loss or other damages, including but not limited to special, incidental, consequential or other damages.

This manual contains material protected under British, Federal and International Laws and Treaties. Any unauthorized reprint or use of this material is prohibited.

The Great Spirit, the Universe and You

Religion and the Great Spirit.

Let me start at the beginning. If you believe in the Great Spirit, you can visit any church, temple, synagogue or chapel, each religion has its own beliefs.

The power of the spirit comes as a challenge to the religious beliefs and convictions of your life. The power of the Great Spirit gave us evidence of its divine origin by demonstrating how to heal the sick and gives us guidance and help.

- **Religion is all about serving the Great Spirit**
- **Religion enables the good person in you to come through to others.**
- **Religion helps you give help and guidance whenever you can.**

The growth of your soul only increases by service, because as you forget about yourself and think about helping others your soul grows stronger.

There have been for far too long many religions with a different set of messages. These are the things they hold most dear, but in reality, are of no value. Actions or things you may have done in the past can cause torment; these do not increase the good in man.

This has divided humankind into opposite camps. They have created barriers and have caused disputes; they have everything that stands for disruption and disharmony. They have failed to unite the children of the Great Spirit.

Religion is all about symbols, which help you to understand your faith. Like all beliefs, they serve to unite the intellect and the motions of your life ahead.

Your life is a world of symbols. Your daily smiles, your daily disgust, your daily handshakes and how you greet, as well as the more readily acknowledge status symbols of a large car or a large house; this is saying something about you to others. The power of symbols lies in the ability to unite your fellow believers into the community.

I am not interested in titles, labels or classifications. I am interested in the spread of truth. Whichever religion helps to spread the truth, to help free you and enables you to have a better life. I also believe that the bible like many religious texts is a mixture of divine truth and mans misrepresentation.

How would you, if given the chance, describe the Great Spirit?

I would find it almost impossible to give you a complete picture, because the Great Spirit is infinite.

You can obtain some idea of what the Great Spirit is like by looking at the universe. It is regulated by the natural law. Here provision has been made for every soul of life.

Whether it is small or mighty, it is of all that lives, moves and breaths, all is being controlled by the natural law.

The seasons follow one another and when the earth rotates on its axis the tides flow. Whatever changes need to happen; the natural law will control them. **Nothing is forgotten, nothing is over-looked and nothing is abandoned.**

History and evolution shows that the world slowly moves forwards and upwards revealing that the power behind it is beneficial. So gradually you get a picture of infinite love and wisdom, which rules all that is governed, all that directs all and is within all.

Once you have learnt and understood life's great secrets and once you realise the world is as it is due to unchangeable, unbreakable, dependable and unconquerable law, you will know that justice is done and not forgotten in the great scheme of creation.

- **There is no personal god apart from the one human beings have created.**
- **There is no personal Devil apart from the one human beings have created.**
- **There is no heaven or hell. These are images of those whose views are limited.**

It says in the Bible. The Lord giveth and the Lord taketh away blessed be the name of the Lord. The reason I quote these words is I believe that they are true.

Life comes from the Great Spirit. You cannot create life, neither can you destroy life. What you can provide is the mechanism in which life can function. You may be able to destroy the mechanism but remember the gift of life is not yours. Life is a responsibility and you are trusted to look after it.

In another part of the bible, it tells us that you should add knowledge to your faith. You cannot have all knowledge, you are human and as such you are restricted in your capacity. The foundation of knowledge should be your base enabling you to withstand all the storms and tempests of life on earth, to be unshaken no matter what happens. Let your faith help you where your knowledge cannot take you.

- **Earth is like a meting pot.**
- **You can see the differences between good and evil.**
- **You can also see the unfortunate result of worshipping evil.**

You see the greed and the desire for material power, the subjection of all that is noble the selfishness that is damaging the earth.

At the same time religion in its conventional sense has lost its potency, influence, and validity to guide and direct. Duty to false teachings that make no sense to those who have intelligence, means that an increasing number continue to turn their backs on what the meaning of religion has to offer.

The Law of Cause and Effect throughout your life.

Many of the troubles you have in life are due to the fact that you are exercising your “free will”.

If situations happen around you that are not very pleasurable it is no good blaming the Great Spirit. Just because you believe he has not stopped it from happening or he has not tried to prevent it from happening.

The truth is that you as a person are to blame, not spirit. Only you can stop the consequences of human action.

If you have used selfishness, you must accept the results. Pride, jealousy, envy, greed, malice, distrust, and suspicion. All of these things when used can cause disagreements and discontentment.

As human beings you will have tendencies and vibrations that you do not let go. You are surrounded by radiations and influences, many of which can affect your destiny.

If you use “free will” correctly it will allow you to conquer all that stands in your way. You will use the fullest expression of the spirit that is within you.

The seed of spirit is planted within every human soul. If you give it what it needs to make it grow, the seed will eventually bloom into full flower.

The spirit has planted the seed within you, and you are the gardener and it depends on your efforts whether and when the fullness of the flower is able to express itself. If you keep the seed in darkness and do not allow it light it cannot grow. This means the spirit cannot express itself through you.

You as an individual do not have the power to alter the sequence of cause and effect. What is grown is there to harvest. The soul of every individual registers the results of their life on earth.

If you have sinned against the law of nature, your soul bears the results of your actions on earth. You will not progress until you have made up for every sinful deed.

Effect must follow cause with accuracy. In turn the effect becomes the cause by which another effect is set into motion, producing another cause. The process is a constant one. Everything that is small or large, simple or complex follows the law of cause and effect. Nothing can interrupt that sequence.

Throughout the vast variety of the phenomena of nature, if effect did not follow cause the universe and the vast cosmos would be chaotic.

The Great Spirit, God the Deity the Supreme Power, is the answer to love, wisdom and the perfection of all that exists. Divine justice rules your universe at a spiritual level.

Nature must follow its path, oblivious to man’s desire. It has tasks to perform and will continue to do so through life. When you work in harmony, you can reap the benefits.

- **Whatever good you do, you will feel better for it.**
- **Whatever selfishness you practice, you will feel worse for it.**

Natural Law

All law is part of the divine plan that works in harmony. The lesson of men and women throughout the world is to seek their salvation by working it out through their daily lives.

When you abandon your teaching, it is possible to cast on to others the results and responsibilities of your own actions. You are the keeper of your soul. The Great Spirit has provided you with all that is necessary to grow wisdom, grace and beauty.

The bases are there; all you have to do is learn to use it wisely.

Perfect Law

Once you have perfect faith and you live your life correctly, you will then be able to appreciate the bounty of the Great Spirit. **The Great Spirit is infinite.**

If you have perfect faith, you will receive the answers you are looking for. This is how the spirit law operates.

If you learn to attune yourself to the laws of spirit, the results will come. If the answer and the results do not arrive this proves that you are not following the spiritual law.

History books tell us there have been people that are the lowest of low; the poorest of the poor that have tried the law and it has not failed them.

There is another law. There is nothing you can have in this world without having to pay a price. For example when a medium conducts their work for spirit, having an increase in sensitivity is their reward.

You cannot accumulate wealth without paying a price, because if you do and you forget the duties of spirit, then you may be rich in goods but in the world of Spirit, you will be poor.

Law of Spirit

The spirit law does not work in the same way as the earth law. The spirit law is graded. This is a way people reach the same stage of evolution and are occupying the same plane of existence. In the spirit world, everyone is on the plane that they have evolved.

In spirit you cannot have undeveloped and a highly developed souls in the same sphere of existence. On earth you meet people on a day-to-day basis that are at different levels of spiritual development. This does not happen in the spirit world unless you choose to indulge in missionary work.

In the spirit world there are no shadows or darkness. This is because once you have reached the spirit world; you live in light and truth.

Once you can receive “wholeness”, you will have a flower revealed to you, because you have the spiritual gaze that gives you an appreciation of floral beauty, which you do not have on earth because in the spirit world you see the “inside” and the “outside” of everything that exists. There is also an infinite variation of colour in the spirit world that is not on earth. The law is perfect when it is in operated correctly. Remember effect always follows cause.

Evolution.

You should not judge your soul from within and you should not confuse the evolution of your soul with the evolution of your body.

When a defect appears in a child, this could be because of the natural law of inheritance, from father, mother or both. It does not interfere with the evolution of their soul. You will find usually, that those who start their material lives with a material defect have in their souls a compensating principal. The person usually has more kindness, tolerance, and gentleness to offer towards others.

As a parent you are responsible to pass all that you have learnt on to your children. These should be as perfect as possible. In your teachings you can try to change things but what you cannot do is alter the law of spirit.

A soul that lives with happiness and chases away the illusions and the shadows of the day will understand reality. Try not to envy those who you think have an easy time they could have hard times ahead of them.

Children must go through every experience either on earth or in the world of spirit. They should always learn and understand everything they do.

You cannot reach out and create a perfected way to enter that inner perfection until you have understood your experiences. This can be hard, but why should it be? A soul, which seeks to escape responsibility, is not worthy of leaning.

All evolution, physical, mental or spiritual is part of the operation of natural law. The law of evolution embraces every soul of life. This includes insects, birds, fish, and humans. They all have their part to play and are all related to one another. No aspect of your life is isolated each part forms a whole. You are part of the law of evolution that is responsible for way you progress.

If you are working within the natural laws, then you are in harmony with them. You are not only fulfilling yourself, but at the same time you are helping evolution and all other aspects of nature. Those who co-operate with nature are helping its growth and helping the enfoldment of their spiritual natures. There is no summit to be attained. As the spirit unfolds you realise there is more to be achieved. It is like knowledge. The more you have, the more you learn.

When you arrive in the spirit world each individual is at the same stage of spiritual development as you. You cannot go higher spiritually until the Great Spirit feels you are ready. Some spirits like to work with unenlightened souls. Some like to help other souls grow towards perfection.

Psychic or mediums are servants of evolution. They are the next rung in the ladder to evolution. In time to come psychic ability will be part of every human's way for life. Earth is going through a stage of mental enfoldment. This is why psychic ability will follow in its own course.

As human beings are more than matter we are mind and spirit. We have vibrations, which belong to our super physical life. This does not mean you are more evolved because you are spiritual. Your evolution depends upon the way you run your life, not upon your label. You cannot cheat the laws of the Great Spirit.

It is not what you are labelled, the party you are involved with, the religion you belong to or the books you read, these are all traps. It is what you “are” that counts and the way you conduct your life.

This applies to everyone. No one stands outside the laws of progress. There are no special powers in any place of worship and there are no spiritual privileges obtained by being a member of any religion. The only privileges of the spirit you can obtain are the ones you have developed by the way you have lived your life.

Love.

Love can take on different forms. This can range from friendship based on attraction and mutual interest to the supreme heights where without thought of self, it seeks to serve wherever it can. This is known as the “great power of the universe”. Love is a wonderful thing because it is part of the Great Spirit. The creative spirit of all life, part of the power that has fashioned life; it is indeed the very breath and the very essence of life. Wherever love exists sooner or later those who are joined by its bonds will find one another again despite all the handicaps, obstacles, and impediments that may be in the way.

Real love is the love of selflessness; the love that seeks nothing for itself and in its highest form embraces the whole of humanity. You are not an evolved soul until you can say, and believe it. **“I love all mankind”** There is a love, an undeniable love, between man and woman who are complementary to one another, that is they become one.

Once that love has found itself there is never any separation. Those whom the law has joined by love will never be parted especially in the spirit world.

There are aspects of affection, devotion; the desire to serve and maternal instincts that most believe is love. Real love only comes once to each man or woman in the spirit world everyone finds there half of its own being in the fullness of time.

Love and Marriage.

Whenever there has been love between a man and a woman and that love has brought them together they become one. Death will not part them. Death will be a door that will give them a greater freedom for their souls to be more closely united than on the earth.

If the coming together of two people is only a marriage of bodies they will be further apart in the spiritual world. If their marriage is of souls the love will find that in the world of spirit they will not get younger but will experience growth, evolution and development.

When the Great Spirit said there was no marriage and no giving in marriage, he was not referring to the marriage of bodies, but the marriage of souls. For that which you call male and that which you call female, each has its contribution to make to each other. The female is necessary to the male and the male is necessary to the female. The Great Spirit embodies the two principles in perfection. As you evolve in spirit, the differences become less and less

Loyalty, love and selfishness.

If loyalty means only loved ones or the country and the people who dwell in it and you have no wish to extend that love to other countries and other people, then that is a form of selfishness.

The supreme guiding principle is love, which expresses itself in service, compassion, humility, tolerance, and co-operation, seeking harmony wherever it can. Love is the greatest power in the universe.

The love of the Great Spirit and having love for yourselves and your neighbours is very simple. Living a life of service, forgetting yourself, trying to help wherever you can, to raise those who are fallen, drive out all impurities and by your own life prove that you are worthy.

Fear in your Daily Life.

Fear is born of ignorance. If there is love, trust, and knowledge around you this helps to dispel fear. Fear can create its own prison within your soul. You must learn to rise above fear and not allow its vibrations to stand in your way. Evolved spirits cannot be afraid of fear because they have perfect faith, confidence and trust. Never allow fear to enter your soul by having negative qualities. These can destroy and impair your judgement; it clouds your reason and prevents you from seeing issues clearly.

A problem never comes to a soul that is incapable of solving it. No difficulty is impossible to deal with if you just allow the infinite power to rise to the surface. If you say to yourself I will rise triumphant over every difficulty because of the infinite power within my soul. You will now have the power to overcome circumstances in your daily life.

Difficulties in your Life.

Difficulties are the challenges of life. In your moment of crises you become aware that you have an inner reservoir of strength on which you can call.

There is no difficulty so great that you cannot use the power of your inner strength to triumph over it. If you have difficulties and crises and you feel you want to cry, that is good. Sometimes if you shed tears it can provide relief and bring comfort. As a result to shed tears is better than bottling up your emotions.

When there is doubt withdraw into the silence where the sounds of the physical world are still and your spirit can find expression. Then as you learn to attune yourself you will find there comes an inner peace with tranquillity that will enable you to be sure that what is best for you, will be revealed.

Mistakes help us to learn.

If you never made mistakes you would not be on earth. The reason you are on earth is to learn from them. This all part of the law of evolution.

The object of evolution is growth. This is heading towards perfection. Perfection is infinite and you can only achieve it by having achieved love and infinite wisdom. The more

perfect you become the more you will realise there is further perfection to reach and that it is not a static process.

Intelligence has devised the whole scheme with wondrous laws that never fail, this provides for every soul. Because everything you are, is a scheme of infinite love, law and wisdom. Therefore, when you make mistakes learn from them, this will help your spiritual development.

Having Perfection.

Let your spirit truth work its influence around you. No one person possesses the whole truth. No human being by virtue of his or her humanity can contain the whole of truth. When you are truthful you will see how every aspect of your daily life can change. Individuals around you become conscious of their imperfections and seek to improve their own lives.

If you allow your spirit power to flow through you with its full force it will bring to you beauty, love, and fellowship. Gradually any imperfections you have will turn to perfections, the blots, the stains, the hideousness is no longer there allowing you to live in peace and harmony, and you will then start to value life.

Prejudice.

Prejudices must be broken down. That which is worth having is worth achieving. Achievement comes through struggle. The prize is given to the person who dares and conquers not to those who fear and are tempted to shirk their difficulties. Life is a school of learning, which through hardship and struggle, striving and difficulty, adverse circumstance storms and tempests, allows the spirit inside of you to find itself.

Hatred.

It is wrong to hate. You should show love especially to those who hate you.

On the other hand, some people will go out of their way to upset you. You must show them love in the most compassionate way. Compassion is love, without compassion love only exists in its physical or magnetic state. With compassion, the spirit within you begins to operate; there is love in all your actions towards others.

The Great Spirit is the divine. You must try to change any hatred to love because this is transforming darkness into light. Remember hatred is never right and can only cause damage to you and others.

Peace.

Peace on earth can come only when you earn it.

Whilst there are a few who are enjoying luxuries and pleasures and are being selfish because they are simply denying necessities to the many. Remember you should be living a life of service, co-operation, forgiveness, and having goodwill for one-another.

Peace will come and dwell amongst you when you change. When you remove selfishness you will receive the desire to live in peace. Divine origin comes when you realise that you are together and your spirit is of eternal fellowship.

If you build your systems on the foundations of knowledge then truly you will have peace.

War.

The Great Spirit with infinite wisdom and love has created children on earth and given them free will.

The Great Spirit has also arranged for the children to let their mind, spirit and bodies unfold the divinity that lies within them. When this is in full flower it can provide infallible signposts as to how individuals should live.

The Great Spirit could have created children on earth as marionettes or puppets whose actions would be strictly regulated with no power of choice or freedom. If you have "free will", it comes with responsibilities, which are all part of your actions. You will always have the choice to do good, the same, as you will always have the choice about doing evil.

Good and evil are on opposite sides of the same coin so are love and hate, light and dark and war and peace. Remember you always have a choice as to which it should be.

Therefore, you must go back to the beginning and ask yourself.

- **Why do people wage war?**
- **What is it they seek to share?**
- **Is it to gain domination over others?**

You must answer these questions. As on earth you can make it a paradise or a hell because you have the means and the choice to do so.

Freedom

Human beings are spirits striving to express themselves through their bodies. True freedom does not mean the right of every individual to do as they please the right to follow every whim, caprice or inclination. Freedom involves responsibility and understanding. This is the purpose of humans; this is why we have been placed on this earth.

Intuition.

Intuition is the only way you become aware of spirit. It has no use in the processes of normal earthly reasoning.

If you have a problem it can sometimes take much soul searching and deliberation. With your intuition you can accomplish the answer at lightning speed. Intuition is a process of being attuned, so that you can receive the answer to your problem.

The most important things to remember are:

- **You are not responsible for what others do or say.**
- **You are only responsible for what you do and say.**
- **Do not concern yourself with the opinions or actions of others.**

The Purpose of Life on Earth.

The whole object of life on earth is to have a variety of experiences. Earth is the training ground or school where your soul learns its lessons. This will prepare you for the next stage of life, the spirit world. This is why you come to earth in the first place. Remember what you regard as the bad experiences can also be the best ones for you to learn from.

Your earthly existence is so that the human soul, the divine element in all humankind, starts as a spark then becomes a flicker and gradually becomes a flame. Then self-fulfilment begins and you are able to enjoy life, not only on its surface but also in its more important area within your inner-self and all the aspects your life has to offer.

It is not in the sunshine that the soul finds itself, but in a storm, it is when the thunder rages and the lightning flashes. You will have a sharpened mind. You will be cleansed and refined. You must experience the heights and the depths that earth provides for you.

By doing things this way your soul emerges stronger, fortified and ready for what awaits you when death comes. The essence of your life on earth is to offer you complete contrast that separates good and evil.

Your Physical Body.

Your physical body from the moment it is born begins to die and there is nothing you can do to change this fact. By the natural law your life is only a temporary existence and must follow the cycle of life.

Gradually your life achieves the maturity of physical well-being. Then just as gradually every aspect of your body begins to wear out. The physical body will drop away, like an apple it will drop from the tree when it is ripe.

Physical Evolution.

This law is not only of physical evolution but also of spiritual evolution. Throughout your life on earth you would have seen havoc besides many benefits.

The climate of opinion has changed on earth. Concurrent with that change in the climate of opinion you have the development and promotion of spiritual healing which when it succeeds demonstrates a power which is superior to matter and physical rest.

When you lack rest the body pays the price. Sometimes the price is high and you have to take to your bed for a complete rest. You cannot preach personal responsibility and tell yourself that there are exceptions to the operation of this law. Do not try to do too much. The body is only a machine and it must not be over taxed beyond its capacity.

The whole of life is a series of vibrations, radiations and liberation; you are influenced by every part of the natural order. It is not true that your life is predestined because from the moment of physical birth some star was in the horizon. It is true that all planets, all nature and everything in the universe have an effect on you.

You are the master of your soul, you have personal responsibility and you control and fix your own destiny.

Spirit and Matter.

You must not divorce matter from spirit or suggest that they are watertight they are in no way related, they are inter-related.

Whilst you are on earth spirit controls matter, but matter regulates the extent of spirit control and you can't isolate matter from spirit. Matter is by its very nature temporary it has no permanence in the form that is physically manifested. Anything that is material exists only because it gets life from the spirit.

A spirit that is dynamic and has vivifying power is there to enable you and everything else to live on earth. When a spirit withdraws, matter crumbles and your body returns to dust, but you, the spirit, continue on your eternal path of progress.

Morality and Immorality.

What do we mean by the word immoral?

Something you might regard as moral may be what someone else might regard as highly immoral. This all depends on your outlook of life.

Morality is an ideal, which infuses you with the idea of acting according to your highest principles of which you are aware. You should not impede the progress of others.

You should not cause yourself shame by knowing that you have behaved in a fashion that is inconsistent with the truth you have received.

What is the meaning of the word Morality?

As to whether earth is more or less moral must depend upon your interpretation of morality. In some respects it is essential that we have a spiritual understanding of others.

Man's Destructiveness.

The earth is at a vulnerable stage in its evolution, it is a touch and go situation. You will come through as long as you pay no attention to the cries of woe.

The Great Spirit has placed a limit on the damage and the harm we do on earth. The earth's powers are unable to destroy the whole of it. There is no power that can kill all who dwell here on earth.

The power of spirit is stronger than any power or matter. Matter is inferior to spirit, spirit is king and matter is a servant, spirit is supreme and matter exists only because of the spirit operating through it. When spirit withdraws then matter disintegrates.

Spirit is the overruling power to ensure that you will come through. You are part of the eternal process of life. Because we consider that humans are a higher species than any other form of life, you have a responsibility to help what you regard as the lower forms, just as you desire that higher beings in the spirit world would help you.

Are we destroying our Earth?

You cannot destroy earth overnight. The Great Spirit with infinite love and wisdom has devised natural laws, which help to provide your soul with love and wisdom, however complex or simple.

The natural laws operate by evolution not revolution. They ensure that the power of man is restricted. There are things you cannot do. Always remember that your "free will" is measured, you will in time realize that it is also limited.

Past.

The only value of the past is that it is the pattern of the present and the future. It has a lesson to teach. It is part of the tapestry of your life on earth. The thread plays its part in forming a pattern that will emerge and show it is about unity and harmony of purpose.

The future of our World.

The earth will continue to exist because there is no individual or combination of individuals who have the power to destroy it.

There is a limitation placed on the earth about the harm that we can do. This means that you can use, invent and discover. If there were damage caused on a vast scale, the earth would cease to be tangible.

In conclusion the natural laws of the Great Spirit are greater than any man. The Great Spirit controls all. The universe, matter and spirit. All we have to do is maintain the balance in our own world and have honesty, love and respect for all that surrounds us.