

# **SOUL AWAKENING**



**OWEN WATERS**

# **Soul Awakening**

**Owen Waters**

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# **Profound Spiritual Awakening**

These are the days of great change and also great opportunity. Today's climate of change brings with it the potential for making great improvements in your personal life. Today, it is easier than ever to create positive changes that bring you true happiness, vibrant wellness, and profound spiritual awakening.

The changes that you see in the world today are a reaction to the ongoing rise in human consciousness. Humanity is awakening and the old reality is crumbling. There is a vital need to direct this increased awareness into its higher form – the Spiritual Awakening of humanity.

You came into this life specifically to experience the opportunities offered in these days of great change. It is easier now than ever before

to create the spiritual transformation for which your inner being yearns. By doing this, you also enhance the consciousness of the whole planet in a very positive manner.

Your personal spiritual awakening affects countless others through your connection with the global consciousness of humanity. The more you awaken spiritually, the more you help transform the world in a spiritual direction and the more you fulfill your own destiny in these vital times.

By fully awakening to your soul consciousness, you reclaim your spiritual power to create any new reality that you desire, to successfully manifest that new reality, and to experience life in all its potential glory.

The whole world is awakening to a New Reality and we are all part of that global transformation of consciousness. We are here to rediscover our

soul awareness and to awaken to who we are as  
powerful creators of an inspiring new world.

# Soul Awareness

Soul awakening brings you into conscious contact with your inner spiritual resources. As physical humans, we are born with soul awareness but then, as we grow up, it fades into the background due to outside cultural pressures.

You have always had the ability to form a natural attunement with your soul consciousness. The more attention you give to your inner connectedness, the more you avail yourself of the valuable insights that are yours through soul consciousness.

What is your soul? Without a clear definition, soul awakening would be like driving in a strange land without directions or a map, so let's see where your soul is on the map of human consciousness.

In day-to-day living, you function through the

conscious part of your mind. It operates through your brain and your physical senses. However, your mind is more than just the one frequency band assigned to conscious thinking. You also have a subconscious mind and a soul or super-conscious mind.

*Your brain is physical. Your mind is a non-physical field of consciousness.*

Your brain acts as a receiving and transmitting station for mind energy. It focuses on the external world through the senses, showing an admirable dedication to its appointed task. Your mind, however, has a much greater range of perception than your brain.

At the soul level, your mind is perfectly aware of its connection with all other souls and all other life. Your soul is aware of everything that affects you, which is why your intuitive insights into life's situations can be so accurate and helpful.

Intuitive insight is a trait built into all people, both male and female, and it is the connector between the soul and the conscious mind. Look for intuitive insights even though they are often no more than subtle whisperings. Honor intuitive insights and give them the chance to prove themselves. Develop that faculty and you develop your range of consciousness.

Your soul is your immortal spiritual essence. While it is connected to, and in communication with, all other life, it is still very much you in the sense of individual identity. It is your true personality, the real you.

If you have ever asked the question, “Who am I really?” the answer could have been discovered by going within and spending time reconnecting with your true essence. The real answers to life’s big questions are to be found within, not in the external world. You aren’t what you do in the

outside world; you are what you are deep inside.

Think of your conscious mind as a specific frequency band of focus within your entire range of awareness. Your subconscious mind has many tasks and is constantly busy, yet your conscious mind is unaware of its activity because the subconscious processes operate below the frequency floor of your range of attention.

If you wish to change your focus and access your subconscious mind, you can do so at any time. Altered states of consciousness, induced through meditation, take you into other levels of awareness. If you wanted to recall the events of a long-forgotten childhood birthday party, for example, you could do so by accessing the complete memory records that are stored within your subconscious mind.

In a similar fashion, you can access your soul awareness. This has often been called the super-

conscious mind simply because it operates at a mental frequency above the upper end of your conscious mind's normal range of focus. Again, altered states of consciousness – a quieting of the conscious mind into an alert stillness – allow access to these other layers of your total range of awareness.

Recalling long-forgotten memories from the subconscious mind might be entertaining, but access to your soul awareness can be downright life-changing in a very positive way.

Suddenly, you have access to the most elegant solutions to life's pressing problems. Suddenly, you gain a sense of purpose in life and an understanding of how your unique purpose contributes to the whole experience of being human. Suddenly, you find the fountain of joy that constantly flows within you – a joy that triumphs over all adversity because it is the true, unchanging love and happiness that comes from

the spiritual realms, waiting for you to reach up and contact its healing essence.

When you consciously touch that fountain of inner joy, it can remind you of the rose-colored spectacles that you wore when you first fell head-over-heels in love.

It should come as no surprise, then, that a connection to soul awareness is also a passport to finding soul mates.

# Soul Mates

Romance makes you come alive. It brings joy to the soul, happiness to the heart, and places rose-colored glasses firmly in front of your eyes. With the arrival of romance, you feel that you are walking on air and that your whole world is filled with happiness. Because everything feels so wonderful, even simple pleasures can feel like ecstatic delights.

At some point in a new and beautiful relationship, you may ask yourself, “Is this partner my soul mate?” Chances are good that they are because you have many soul mates in existence, not just one!

To see why, let’s examine the soul realms, which exist in a frequency of consciousness higher than the physical world. Your soul essence is based there even though its attention is focused in the physical world, where it sends subtle hints into

your conscious awareness in order to help you in your day-to-day living.

Your soul belongs to an immediate group of soul mates numbering, typically, 8 or 9 souls. Then, there are nearby groups that relate closely to yours and still other groups that relate to them. You have an extended family of soul groups which typically includes one to two thousand individual souls.

With hundreds of vibrationally-related soul friends in existence, people with a special connection to you are never far away. Your ideal partner or soul mate may be from your own immediate soul group, or from the closest groups to yours, or even from your wider soul family.

Members of this wide family of soul friends often incarnate as people who will be close to you as family members or close friends in the

physical world. Think about it: Those really helpful people who were your parents, grandparents, aunts, uncles, or best friends at school were most likely members of your soul group or extended soul family.

Birds of a feather flock together and soul friends team up to share the experience of living in a certain place at a certain time. Imagine the wonderful contrast gained by living among friends at the peak of the Roman civilization, or celebrating nature as Polynesian island dwellers centuries ago, or living in Western culture today as witnesses to The Shift of the ages. Soul mates and soul friends want to help each other while gaining a wide variety of experiences together.

*A true soul friend is never far away.*

If you are looking to meet that someone special, use the technique in the next chapter to go within, tune into your soul awareness and ask what

you can next do to bring that connection a step closer to physical reality.

# **How to Know Everything About Anything**

Soul awareness is like standing on a mountaintop compared to being down in a valley: The view is incredible. You can see so much more from the mountaintop than when you were down in the valley looking for a way up to higher ground.

Similarly, with its wider vision, your soul can see everything that relates to any situation or challenge in your life. At a soul level, you have an understanding of the dynamics of everything that affects you.

The trick is to tap into that super-awareness and gain the insights that will help you best manage the situations in your daily life. When you are faced with a challenge or a difficult decision, you need look no further than your own soul consciousness.

Here's how to make that connection to your inner resources. Like playing a musical instrument or running in a race, intuitive insight is a skill that improves with practice, and you can start using it right away.

Start by reminding yourself that, within you, lies the great resource of soul awareness. It knows everything about any situation that you face and it knows how each possible solution could unfold.

You need that information, and if you feel some doubt as to whether your inner being could really be that all-knowing, here's the key:

*Think as if, and it will be.*

Know that your soul consciousness knows. You just have to open a willing connection and let the answer come through.

If you have difficulty doing this for yourself, then try a little role-playing instead. The Greek origin for the word *psychic* means ‘of the soul,’ which is exactly what you want – information from your all-knowing soul awareness.

Role-play: Step out of your current mindset and *think as if* you are the world’s greatest psychic! *Think as if* you are about to perform perfectly, as the world’s greatest psychic always does, and correctly divine the answer to the problem that you face. Feel the certainty that such a person feels, knowing that, yet again, you are about to come up with the ideal solution.

Try it; it works! And, the more you try it, the better it works.

There is an elegant, ideal solution to every problem and your soul knows the answer every time. That’s what souls do for a living. Here is the Inner Connect Technique, step-by-step.

# The Inner Connect Technique

Step 1. Turn your attention away from the outside world and focus within.

Step 2. *Know that you know.* At a soul level of awareness, you already know the best solution.

Step 3. Focus on your soul awareness and ask it to show your conscious mind the answer.

Step 4. The first idea that pops into your head is the answer. If a second idea follows, ignore it. It's the first one that counts.

The universal law that makes this technique work is quite simple and straightforward:

*Believe and you shall receive.*

# The Law of Creation

You can create anything you want in your life. You can create true happiness, vibrant wellness, and profound spiritual awakening. Anything that you desire and anything you can imagine will appear in your life provided you follow the rules of the Law of Creation.

The law itself looks simple, but people can misinterpret it and meet with disappointment instead of the success that can so easily be theirs. Here is the Law of Creation in its simplest form. It was powerful enough to create the universe, so you can be certain that it can also create any desired conditions in your life.

Let's look at the fundamentals. As the story goes; in the beginning, God 'divided the waters.' This means that the original consciousness of the Creator was divided into two aspects so that they could be set into complementary motion.

One of those aspects of original consciousness is creative thought. The other aspect of original consciousness is the love that builds the creative idea into form. Then, motion is required because, without it, there would be no “Let there be light” and nothing would come alive.

Here is the original Law of Creation in its most fundamental form:

**Creation = Thought + Feeling + Motion**

Humans are made in the ‘image’ (i.e. the creative imagination) of the Creator. As such, we are endowed with the same creative faculty of imagination. Imagination is the greatest power in the universe because it creates everything.

For countless generations, people have been disempowered by the idea that, “It’s only your imagination.” This demeaning action against

your greatest God-given creative power takes the spark out of life. It turns people into sheeple who spend their lives meekly following somebody else's idea of what they should be doing. With the creative power of your imagination, you can reach for your greatest potential and fill your life with an amazing sense of achievement.

*Discover the power of your imagination. It is your God-given creative faculty.*

People labor under the misapprehension that they are bound by circumstances. This is merely an appearance. The reality is that your creative faculty holds incredible power over your circumstances. Once you appreciate your inbuilt transformative ability, then the power is yours to wield and your life will never again be the same.

Imagination gives you the power to engineer entire new realities that develop your life's

potential to the maximum. You *should* be free to achieve everything that you are capable of achieving. Using your imagination to create new realities is a solid feat of design engineering, not something vague in a realm of non-reality. A better term for engineering new realities through the creative power of imagination would be *imagineering*.

The word imagineering was coined in the 1940's to encourage, of all things, imaginative new uses for aluminum. In the 1980's, the Walt Disney company adopted the term imagineering to encourage creative concepts in children's entertainment.

In the English language, words typically evolve into a variety of meanings. One other usage of this word has been to describe the concept of looking at the past to see future effects. In our case, using it for a metaphysical purpose, this word would be defined as follows.

*Imagineering is the application of the power of the creative faculty of imagination to transform current circumstances into a preferred reality.*

Circumstances can easily be changed by the creative power of imagination, applied with intent and energy so that a desired new reality materializes into existence. In order to express this creative capability, you need to adapt the original Law of Creation to work successfully in the human realm.

In the human realm, the formula, 'Creation = Thought + Feeling + Motion,' is applied as follows.

### **Thought**

After deciding upon a desired goal, you need to *imagine* what that goal will look like once it is

made manifest. *Imagine yourself experiencing the end result.* Do not imagine the process that leads up to the end result as the universe will find the shortest route in its own way, just as water always finds its own particular route from the hills to lower ground.

### **Feeling**

Then, add the Feeling part of the formula. This is where you feel the excitement of what it is like to be a part of that manifested goal. Imagine how it feels to experience that new reality. *Catch the mood* in order to fully immerse yourself in that new reality. To be in balance, the feeling part of this exercise should receive as much focus and energy as the creative thought part. Energize the feelings that will come with your experience of the end result.

### **Motion**

Finally, there is the Motion part of the formula. In the human physical world, the concept of

motion means to *take action*. We have to take the series of actions that will lead to the manifestation of the desired goal.

Wouldn't it be nice if the intended goal would suddenly appear, as if by magic? I always think so. However, the rules of physical existence require that we take steps to make it possible for the intended reality to become manifest physically.

It will *seem* like magic, nevertheless, because your goal can be achieved easily and effortlessly as a result of the power that you have applied behind the scenes.

You now have a formula for success that works like magic... provided you are aware of the time trap.

## Avoiding the Time Trap

Here is the main reason why people often fail to implement the Law of Creation. To be successful in creating a new reality, you have to create a scene where the desired reality has come to fruition. You have to ***be in the scene***, experiencing the end result. It won't work if you are an outside observer looking into the scene. You have to own the scene, be a part of it, and feel what it is like to be there as a part of that new reality. If you see it as something outside of yourself, you will lose the thread that makes this work.

Let's say that you want your current reality – call it Reality A – to become a new reality; call it Reality B. So, you have already imagined Reality B and conjured up feelings appropriate to the excitement of having Reality B materialize but, at the same time, you know that Reality A is your current reality.

It's a conflict. You're supposed to be in Reality B and make it as real as possible while knowing, all the time, that Reality A is your current reality. You're stuck in the Time Trap.

Then, you're looking for a way out so that you can resolve the contradiction. The future seems separate from the present but, in order to fully accept the reality of that future ideal, you need to become at one with it.

*The trick is to imagine that you are a time traveler.*

It's not so hard; your soul consciousness does it all the time. The reason that your soul awareness knows how each possible solution to a problem would work out is by traveling down the potential timelines and seeing what would actually happen.

That's why déjà vu experiences seem so real.

Part of your awareness really has been there before – not just seen it; you’ve been there at that point in time before.

Your soul is a time traveler and your conscious mind can do likewise. This ability is already built into your consciousness and it’s ready to operate right now.

The fact is, when you create a new reality, you create an event that exists in your future, not your present. When you are in that scene witnessing the end result of your desired reality becoming a reality, you are operating, in your imagination, at some point in the future.

As a time traveler, you can ***be in the scene*** at the relevant point along your future timeline, then return to your present time point.

Every day that intended new reality comes closer. Every day it affects your current reality more,

making it morph into one which will accommodate the desired event or condition. It's like a powerful magnetic field that exists in your future, coming closer each day. The closer it comes, the more your situation changes to allow the manifestation of the desired reality.

Add reinforcement to this new reality every day, knowing that each time you do, it gains power and therefore moves closer to successful manifestation.

# Back to the Future

Each night, as you fall asleep, reinforce your desired reality with additional creative power.

Each night, remember that you are one day closer to the manifestation of the end result which you first envisioned.

Each night, in your imagination, see your future as a pathway that lies ahead of you. Each step that you take along that timeline moves your awareness ahead further into the future.

Start walking. See yourself walking into your future and heading for that desired reality that you have already created. When you reach it, stop.

In your imagination, fully enter that desired reality, just as if it exists in the now. After all, it does exist in your *now* because you've just time-

traveled in order to be there.

Once again, tune into that new, desired reality and feel what it is like to be there. Explore the desired situation and make it more real by seeing events that reflect this new reality. Now that your new reality is real, imagine what you are doing that is different compared to the old reality.

Feel the excitement of having your wish fulfilled. See yourself in that role and catch the mood. Moods create realities through the power of your imagination.

Now, here's where we add the *coup de grâce*.

# Love is Magnetic

The Feeling aspect of the Creator fills all of Creation with Divine Love. This original Feeling or Divine Love is the consciousness which holds all of Creation together within its constant embrace.

Reach up with your mind and bring this wonderful, magnetic energy of universal love into your own creation. Universal love adds a magnetic energy to your creation which will achieve two things.

First, you add power to your creation, giving it a greater influence over reality and more power to successfully manifest itself in your life.

Secondly, love is a magnetic force of attraction. This magnetic energy attracts compatible objects and events towards itself. Your creation will draw people, events and any necessary

objects toward itself. The more power you give your creation, the sooner it will become physically manifest.

Love is the key to adding magnetic energy to your creation. Focus on filling your new reality with your love. Now, in order to intensify that feeling, use the power of gratitude. Gratitude is a great way to feel the flow of universal love, so express gratitude for this new reality and for what it brings you.

Focusing on the highest frequency possible will skyrocket your ability to attract love and magnetism. To do this, express gratitude to the Creator for your own creative faculty of imagination and for life itself. Feel gratitude for the energy of Divine Love that fills the universe, bringing life to all of Creation and to all of our personal creations.

Now, time travel back to your present physical

time. Know that every time you repeat this exercise, you will increase the magnetic energy of that new reality and bring it even closer to fruition than before until, one day, it will be time for it to materialize in your physical reality.

This procedure of relocating in time and energizing a creative thought is second nature to your soul consciousness. By becoming attuned with your soul awareness, you will find that the procedure comes naturally to you. Your soul knows how to be in the now in a future time slot.

*Imagination is your creative faculty. Use it and create a truly wonderful life.*

# How to Take Inspired Action

Sometimes a simple decision is all you need from the resources of your soul consciousness and the Inner Connect Technique delivers just such a quick answer. At other times, particularly when you *imagineer* a new reality, a course of action is required to manifest a goal and several steps will be needed.

Along the journey to the fruition of your creative idea, how will you know what steps to take and when? Fortunately, you have an inner compass which always points in the right direction.

Every time you think of your desired new reality, ask yourself what course of action fills you with the most inner joy. What is the most exciting thing you could do now to bring you closer to that goal?

Inner joy comes from your soul and, when you detect more joy in the idea of taking *Course of Action A* rather than *Course of Action B*, then you have detected a stronger alignment with your soul awareness relating to *Course of Action A*.

The most joyful idea at any moment is the next step in your journey towards your self-made destiny.

*Inner joy is the compass towards your heart's desire.*

# Imagineering

Here is a summary of how to imagineer a preferred reality and make it manifest.

## **Thought**

Decide upon a desired goal and imagine what it will look like once it is made manifest. Detach from your present point in time and allow your mind to travel forward to that point in time when it will become manifest. Imagine yourself experiencing the end result.

## **Feeling**

Feel the excitement of what it is like to be a part of that manifested goal. Imagine how it feels to experience that new reality. Catch the mood in order to fully immerse yourself in that new reality. Now return your attention to your present time.

## **Motion**

Each day, take the action towards the manifestation of the desired goal. Decide upon which action to take each day by choosing the one most in tune with the inner joy of your soul.

## **Empowerment**

Each night, as you fall asleep, reinforce your desired reality with additional creative power. Move forward along your timeline to where the new reality exists and become at one with the experience of its manifestation. Reach up to the highest frequency of universal love energy by expressing gratitude to the Creator for life itself. Fill your new reality with the magnetic energy of the love that you are experiencing. Then, travel back along the timeline to your current time. Notice how the journey back is often shorter because the extra power has just made this reality capable of materializing sooner.

## Living the Awakened Life

Soul awakening brings many positive attributes into your life. True happiness can be yours, vibrant wellness can be yours, and, best of all, profound spiritual awakening can be yours.

Your soul's awareness knows exactly how to create a new reality. The conscious, outward-focused part of your mind can do likewise. When you work with your soul awareness by regularly tuning into it, you are capable of creating new realities that are perfectly aligned with your purpose in life.

Tune into your soul and manifest every dream that you hold dear to your heart. Don't settle for a life that *could have been*. You have the ability to manifest your potential in every way. No longer will you be limited by outdated social conditioning. With soul awareness, you can now throw off any limitations that have been placed

upon you and reach your true potential.

Allow your viewpoint of life to expand. Become even more aware of the greater, global picture – the spiritual awakening of humanity – and be a conscious part of this.

We are all connected with the global consciousness of humanity. The more you awaken spiritually, the more you help transform the world in a spiritual direction. The whole world is awakening to a New Reality and we are all part of that wonderful awakening.

You are alive in these historic days of great change and great opportunity because you planned to be here now. At a soul level, you decided to be a part of the great Shift that is happening today.

Don't wander into the New Reality passively, letting others create it for you. Be an active part in

shaping the new world. Be a part of its creation. Be an inspired, soul-aware person and you will inspire others through your example.

The Shift can bring good conditions to our world, or it can bring *fantastically wonderful* conditions to our world. Which will it be; and why not choose the best?

Within you lies the power to visualize a truly wonderful future for the planet, to energize that vision and to be a part of the great change in a highly positive and creative way.

*You can make a difference; a very big difference.*

That's what you came here to do at this point in history. By focusing on higher consciousness and developing your spiritual nature, you make a difference that really counts for something. Future generations will honor the transforma-

tion achieved by those who recognized the significance of The Shift and crafted it into a wonderful new reality.

Awaken your soul consciousness and be a part of the Spiritual Awakening of humanity. Join with your friends and visualize great things for your own lives and for tomorrow's world. You have the power. The time of your soul's destiny is now.

Do tell a friend about this *Soul Awakening* mini e-book. They will appreciate your thoughtfulness.

Better yet, tell *all* your friends and give them the secrets that will set them free!

The address to download copies of this free e-book is: [www.infinitebeing.com/free](http://www.infinitebeing.com/free)

***Have an inspired life!***

## About the Author

Owen Waters is a modern-day mystic and inspirational writer whose profound insights have helped millions of people to grow spiritually. Spiritual seekers say that his articles display a rare clarity of understanding and provide an inspiring vision of the emerging, heart-centered New Reality.

His [books, e-books](#) and [free newsletter](#) at [www.  
InfiniteBeing.com](http://www.InfiniteBeing.com) help people learn how to become active in raising the consciousness of themselves and the planet.