

THE TOP

10 GUT

CLEANSING

FOODS



THE TOP
10 GUT
CLEANSING
FOODS

Brett Hall, R.D.

WARNING:

Hi, my name is Brett Hall, Registered Dietician, and I hate to be the bearer of bad news, but in my professional, expert opinion, your entire G.I. tract (consisting of more than 20 feet of small and large intestine) has been infested with toxic “bugs” that are secretly causing a massive “bacterial imbalance” within your body—a condition that may very well lead to a long road of pain and suffering for both you and your loved ones, and even worse, become life-threatening.



What makes me say this? Well, like you, millions of folks all over the world are unknowingly creating this dangerous imbalance through the ingestion of bacteria-promoting foods, medications, and other “toxic materials” that we are exposed to on a near daily basis. I’m talking about the use of antacids, artificial sweeteners, “diet” beverages and food items, certain brands of yogurt, ibuprofen, laxatives, alcohol, mouth wash and even some brands of chewing gum, dishwasher detergent and toothpaste.

What’s more, this bacterial imbalance is also directly linked to the use of antibiotics—either prescribed to us by a doctor or those quietly hidden within our water and food supply—especially within meats and dairy products.¹

And if that wasn’t bad enough, believe it or not, these health-destroying bacteria further feed and multiply on something you probably eat every single day—sugar.²

Fact is, if you suffer from irregular bowel movements, constipation, gas, bloating, acid reflux, indigestion, skin problems, overall sickness, bad breath, fatigue, urinary tract infections, sugar cravings, and/or an inability to lose weight, these symptoms are a near telltale sign that your gut has ALREADY been infested by “bad” bugs and has literally become a ticking time bomb.

You see, we created this special report because we want to make sure you never experience what is ultimately a debilitating, devastating and lonely fate, but you have to watch now, and take action immediately, before these issues continue to get worse and eventually take full control of your body, and your life.

Again, my name is Brett Hall and I’m a top nutritionist and Registered Dietician who over the last 2 decades has helped hundreds of thousands of good folks all around the world correct their gut imbalances, regain control of their bodies and their weight, and ultimately start LIVING again. And I’ll show you how to do it, too, almost without thinking, in just a few short minutes a day...



You see, in this short, fast-paced report I’m going to reveal to you my top 4 insider secrets to rid your gut of health-derailing bacteria, including the EASIEST trick of all that—believe it or not—takes less than 2 minutes a day to perform.

In fact, you’ll be shocked when I show you how my clients perform this trick just twice daily, almost without thinking, while still proving to be, over and over again, the #1 solution to correcting gut imbalances and alleviating all the negative symptoms associated with unhealthy gut bacteria...so be sure to keep reading until the very end...

But before we get into those powerful health-restoring tips and tricks, I want you to know that I understand exactly what you’re going through, and exactly how you feel.

You see, while I’ve been helping people rid themselves of unhealthy bacteria and

parasites for more than 20 years, I was once on the other side of the coin, just like you may be today. I too know what it's like to suffer from the consequences of "bad bugs", including all the symptoms I mentioned earlier like low energy, gas, constipation, and restlessness at night.

Listen, when you're constantly feeling sick, tired, and stuck in a rut, it can do a number on your self-esteem and overall morale, and rather quickly.

In fact, you yourself may be feeling angry, frustrated, or alone. Perhaps the symptoms you're experiencing are ruining your relationships and taking a toll on your family. Maybe they're even affecting your career, like they did for me at one point in time. Your constant discomfort, stress, and fatigue can leave you feeling isolated. It can be a seemingly hopeless situation, and while I can personally relate, I want to let you know that it doesn't have to be this way.

You see, many people think of their gut solely as the mechanism by which your body digests food, which is at best an extreme oversimplification, and at worst an ideology massively contributing to the health problems, weight loss struggles, and auto-immune disorders of millions world-wide.

In reality, your G.I. tract is MUCH more than a digestion center; in fact, it is quite literally your **second brain** as well as being "home" to 80% of your immune system.³

You see, within your gut reside roughly 100 TRILLION living bacteria – more than 10 times the number of cells you have in your entire body – and maintaining the ideal ratio of "good bacteria" (known as probiotics) to "bad bacteria" is now gaining recognition as perhaps the single most important step you can take to protect your health and further along your fat loss goals.

In fact, there are more than 200 studies linking inadequate probiotic levels to more than 170 different diseases and health issues; here are just a few:

- Celiac disease, leaky gut, and irritable bowel syndrome⁴
- Mood, psychological health, and behavioral disorders⁵
- Insulin resistance, metabolic syndrome, and diabetes⁶
- The common cold, influenza, and pneumonia⁷

- Liver diseases, such as cirrhosis and cancer⁸
- Eczema, atopic dermatitis, and acne⁹
- Chronic fatigue syndrome¹⁰
- Food and wheat allergies¹¹
- Weight gain and obesity¹²

And many, many more.

By the way, as a quick side note, I want to point out the little superscript numbers that will be appearing throughout this report like this 1, 2, 3. Each little number corresponds with a peer-reviewed medical research paper so you can rest assured that the information I'm sharing is factual, credible information based on real research from top medical doctors and universities—definitely not just my opinion. So be on the lookout for those, as we'll share the full list of studies with you later in the report...

Now, to touch briefly on the weight gain and obesity consequences of inadequate probiotic levels, virtually every study performed on the obese population analyzing gut bacteria found higher instances of “bad” bacteria and lower levels of “good” bacteria within these individuals.¹³

You see, the ideal healthy ratio of “good” to “bad” bacteria is 85% to 15%, or 9 to 1. Unfortunately, due to lifestyle and environmental factors, the vast majority of the population is severely lacking when it comes to good probiotic bacteria, throwing their gut flora ratio completely out of whack.

These lifestyle and environmental factors include, but are not limited to, exposure to:

- Sugar
- Artificial sweeteners of any kind—found in “diet” beverages and food items, chewing gum, yogurt, and even toothpaste
- Processed foods
- Chlorinated water
- Pollution
- Antacids
- Laxatives

- Alcoholic beverages (beer, liquor, wine)
- Agricultural chemicals and pesticides
- Antibiotics (from medications and/or antibiotics found in meat and dairy products that we ingest)

As you can see, these are things that most people are exposed to very regularly, if not every single day, making it almost certain that your gut flora balance is suffering, and will continue to suffer, unless you do something to proactively correct this imbalance on a daily basis.

But as I mentioned earlier, there are 4 somewhat odd, but extremely effective strategies you can begin using today that will ultimately end your struggle with unhealthy gut bacteria once and for all and finally allow you to get your life back, realize your full potential, and experience the excitement of living a life full of vibrance and vitality once again.

The first is regularly eating fermented foods such as lassi (an Indian yogurt drink, traditionally served before dinner), various pickled fermentations of cabbage sauerkraut, turnips, eggplant, cucumbers, onions, squash, and carrots; tempeh, and fermented raw milk such as kefir.

The Top 10 Gut-Cleansing Foods	
Lassi (an Indian yogurt drink)	Fermented Cucumbers
Cabbage sauerkraut	Fermented Squash
Kimchi (a Korean veggie dish)	Kefir
Fermented Turnips	Tempeh
Fermented Eggplant	Plain, Unsweetened Yogurt

Fermented foods are rich in “good” probiotic bacteria, and their consumption will help to rebalance your overall gut bacteria ratio. Just make sure to steer clear of pasteurized versions, like traditional yogurt, as pasteurization will destroy many of the naturally occurring probiotics.

That being said, the biggest downfall with fermented foods is that many people do not particularly enjoy their taste, and the amount you’d have to eat in order to get enough healthy bacteria to really make a difference is a bit impractical for the average person to consume.

For example, in order to get enough good probiotics into your intestine from yogurt, you would need to force down 10 to 30 servings of plain, unsweetened yogurt every single day of your life. What's more, yogurt is lacking in several key strains of good bacteria, so even 10 to 30 servings wouldn't be enough!

The next strategy is to avoid virtually all sugar in your diet. Eating sugar-containing foods actually nourishes the bad or pathogenic bacteria, yeast and fungi in your gut, which can actually have more of a negative impact on your health than sugar's impact on blood sugar and insulin resistance. What's more, artificial sweeteners like Splenda® are even worse than regular sugar, as a study performed at Duke University showed it to contain a chlorine atom that kills off the good bacteria in your gut just like chlorine kills microorganisms in swimming pools.¹⁴

The problem with the “no sugar” strategy is that completely avoiding any and all sugar is a tall, bland order for most, and further requires that you give up many of your favorite foods—an option that most folks simply won't be will be able to adhere to long-term.

Moving on to the next tip, because gut flora is negatively affected by agricultural chemicals and pesticides, as well as antibiotics found in the meats we eat, another way to rebalance your “good” to “bad” bacteria ratio is to consume a 100% organic diet, free of chemicals, pesticides, and antibiotics.

Now, while this strategy would be highly effective in avoiding many of the environmental compounds that wreak havoc on your gut bacteria balance, it's also extremely expensive and out of reach for most of the population.

But what if I told you there is an ever easier way to rebalance your gut bacteria without having to choke down fermented foods, endure the expense of a 100% organic diet, or completely avoid all sugar and your favorite foods?

And what if I told you that you could take advantage of it, practically without thinking, in only a few short minutes a day?

Is that something you might be interested in?

You see, you can actually supplement with healthy bacteria (again, known as

probiotics), and fact is, research is now suggesting that supplementing with probiotics every single day is even MORE important to your health than taking a daily multi-vitamin.

Even more, a recent double blind study published in the European Journal of Clinical Nutrition found that test subjects who received probiotics daily were able to reduce their abdominal fat by nearly 5 percent over a 12 week period, while the “no probiotic” group experienced no positive changes.¹⁵

But here’s something you may not know...

93% of the probiotics contained in traditional probiotic supplements will be DEAD before they ever reach your gut.

And of course, dead probiotics are completely worthless.

You see, one of the greatest challenges in creating a truly effective probiotic formula is being able to actually deliver delicate probiotic cells to the gastrointestinal tract, fully intact and alive. Because probiotics are living bacteria, they are also extremely sensitive to even the slightest change in environmental conditions. In fact, research has shown that after one year on the shelf, in a sealed bottle at room temperature, on average only 32% of conventionally produced probiotics survive.¹⁶

And get this, most of the probiotics products you find on store shelves are already well over a year old—some even as much as two years old. After all, big companies produce hundreds of thousands of bottles to cut cost and then store these bottles in their warehouses long before they ever end up in your hands.

But it gets worse.

Due to the extreme acidic environment of the stomach, another 80% of the remaining live probiotic cells will be killed off before reaching the intestine.¹⁷ In the end, traditional probiotic supplements, while claiming billions upon billions of active cells per dose, will only wind up delivering a measly 6.4% of what their label promises, alive and well to your gut.

With that said, you can see how a probiotic product claiming 20 billion cells is reduced to a mere 1 billion count rather quickly—which may still sound like a lot, but it’s not nearly enough to fend off and turn around your bacterial imbalance.

When it all boils down, not only are these products a complete waste of your time and money, but much more importantly they are **robbing you** of the critically important health benefits that are the entire reason you would invest in a probiotic product in the first place.

Fortunately, there is a solution, and the answer lies in a patented process called Microencapsulation Technology™.

You see, in addition to being a Registered Dietician, I’ve also been researching and formulating all-natural dietary supplements to help people live better, fitter, healthier lives for more than 20 years, and it wasn’t too long ago when my good friends and fellow nutritionists Josh Bezoni and Joel Marion contacted me to put together a gut-rebalancing supplement for their clients based on some of the cutting-edge research I had been doing on probiotics and healthy gut support nutrients.

What impresses me most about Joel, Josh, and their co-owned company BioTrust Nutrition is their commitment to the quality, potency, and purity of their products and their untiring dedication to each and every one of their clients.

In fact, I believe in BioTrust and what they’re doing so much that I now sit at the top of their Scientific Advisory Board as their VP of Research & Development.



This wasn’t a decision I made lightly. Fact is, I’m an extremely well-respected formulator in the nutrition field who has worked with countless Olympic and professional athletes, along with hundreds of thousands of ordinary people looking to shed fat and get healthy, and I’d never put my name and reputation on the line for a company I didn’t fully believe in and trust.

I’ll be talking a lot more about what makes BioTrust different as we continue, but going back to the previously mentioned challenge with probiotics—the fact that 93% of the

probiotics found in traditional products will be DEAD by the time they reach your gut due to exposure to light, heat, and stomach acid—at BioTrust we’ve developed what we feel is the most advanced probiotic formula anywhere, Pro-X10™, using cutting-edge, patented Microencapsulation Technology™ developed by Italian researchers to solve this very problem.

You see, instead of leaving fragile probiotic cells to fend for themselves, this process encases each live cell in a lipid matrix to protect them from oxygen, light, acids, bile, and the like. The end result is dramatically enhanced survival of probiotic cells both on the shelf and through the stomach, and greatly improved delivery over traditional probiotic supplements.¹⁸

Not only that, but with Pro-X10™ we recommend 2 doses daily for further enhanced absorption, effectively delivering TEN TIMES more live, healthy bacteria to your gut than traditional, non-microencapsulated probiotic products.

But we didn’t stop there. While most would be satisfied with the most cutting-edge delivery method and absorption rate of any probiotic product, we wanted to make Pro-X10™ even better for our customers... and that’s exactly what we did through the incorporation of one of the most powerful probiotic support nutrients of all time, Actazin™.

Actazin™, sourced directly from New Zealand’s own superfruit, the Kiwifruit, possesses an incomparable four-way action on gut health:

1. **Prokinetic enzyme activity** gently stimulates the movement of stool through your GI tract to help “keep you regular.”
2. **Insoluble fiber** further promotes regularity and softens stools without gas or bloating.
3. **Prebiotics** support the natural growth of beneficial bacteria in the gut to further improve your gut flora ratio.
4. **Polyphenolics** support beneficial bacteria, inhibit infectious pathogens, and further assist in maintaining long term digestive health

But perhaps most interesting is the fact that Actazin™ supports the regeneration of gut-lining cells, as well as enhanced gut lining protection. This means that even if the gut lining has been damaged by exposure to harmful compounds, including dangerous wheat fragments like gluten (which most people's guts have), Actazin™ shows strong promise in being able to help heal the damage and return the gut to normal function.²⁴

Actazin is an important probiotic-partner because not only is it a nourishing pre-biotic (that is used to feed probiotics)...it has the unique ability to selectively feed bacteria known to enhance a healthy gut.

Most pre-biotics will feed ANY bacteria in your gut – including the bad bacteria you're trying to get rid of.

Instead, Actazin is a pre-biotic with an IQ. It can identify all strains of bad bacteria and will flat out refuse to feed them²⁵...starving them and quickly killing them so your gut gets rid of them fast.

Beyond that, Pro-X10™ is manufactured under a patented allergen-free manufacturing process that guarantees safe probiotic supplementation for all, even individuals with food allergies and/or food intolerances...use of this patented process is few and far between by other supplement companies.

And if all of that wasn't enough, we even included 3 additional, extremely unique probiotic strains not contained in 99% of other products, including:

1. ***Bacillus Subtilis*** is able to activate nearly all systems of the human immune defense, including the activation of at least three specific antibodies (IgM, IgG and IgA secretion) which are highly effective against many of the harmful viruses, fungi and bacterial pathogens which regularly attempt to invade and infect the human system. This unique strain also provides unmatched anti-inflammatory action in the colon, with research showing the ability to decrease both bowel and systemic inflammation.¹⁹
2. ***Lactobacillus salivarius*** for unprecedented oral health. In fact, this unique strain has been proven through research to dramatically decrease the level

of plaque forming bacteria in the mouth while naturally freshening breath and reducing gum sensitivity^{20,21}

3. ***S. boulardii*** for unparalleled immune support, including a significant increase in mean blood cell count and a decrease in systemic inflammation, even during periods of high stress²²

By the way, ***S. boulardii*** colonizes fast – usually within 3 days – so your long-lasting relief occurs quickly.

S. boulardii is also resistant to antibiotic drugs. Not only will it protect your gut during antibiotic treatment, but it also won't be destroyed by antibiotics found in water, meat, and dairy products.²³ You're protected 24/7.

Simply put, with research suggesting that probiotic supplementation is even more important to your health than taking a daily multi-vitamin, and the fact that inadequate probiotic levels have been linked through research to more than 170 different diseases and health issues, including obesity and weight gain, we truly believe that EVERYONE should be taking a probiotic daily, ongoing, to continually fight against the bacteria-imbaling factors that we are constantly exposed to every single day.

But as we've clearly shown in this report, not just any probiotic product will do, and that's why we developed Pro-X10™. Through patented microencapsulation technology, Pro-X10™ is able to deliver up to TEN TIMES more healthy bacteria to your gut—the equivalent of 50 BILLION cells daily—when compared to traditional probiotic products where 93% of the cells are rendered DEAD and useless before ever reaching their final destination.

And with the strategic addition of Actazin™ along with 3 additional, extremely unique probiotic strains (above and beyond the foundational 5 strains already included), there really is no comparison. Pro-X10™ is easily the #1 probiotic on the market.

I'd also like to point out that Pro-X10™ is 100% all-natural and contains no artificial flavors, colors, preservatives, or stimulants. It's also gluten-free, and even approved for vegetarians and vegans due to our use of plant-based veggie capsules. It's really the best of the best—we've spared no expense.

And truthfully, Pro-X10™ couldn't be any easier to benefit from—just take 1 capsule with breakfast and 1 capsule with dinner, and let science do the rest.

Now before I show you how you can get Pro-X10™ for yourself today at a huge discount, I want make sure you're aware of the devastating cost of continuing to **do nothing** about your gastrointestinal health and bacteria imbalance.

First, it doesn't get better... it gets a lot worse.

While gas, bloating, indigestion, constipation, acne, and constant cravings are among the “early stage” symptoms associated with negative probiotic balance, these symptoms can't compare to the havoc and devastation that more advanced symptoms can wreak on your entire life, and your family.

Severe irritable bowel syndrome and extreme daily discomfort, serious skin disorders like eczema and psoriasis, and a constant battle with ongoing fatigue and low energy levels are just a few of the more advanced consequences that can result from gut imbalances left unaddressed.^{26,27}

Also, remember that 80% of your immune system finds its home within the walls of your gastrointestinal system. As such, leaving negative bacteria imbalance continually unresolved can completely destroy your immune system and ultimately lead to a life full of chronic sickness and pain.

Perhaps you can relate to constantly being sick, feeling run down, and having to “pass” on experiencing many of life's joys because you just don't “feel up to it”...it's a terrible reality that many people live day in and day out...and we don't want that for you.

Even more, studies have linked inadequate probiotic levels to some of the most debilitating diseases plaguing the human race today, like cirrhosis and cancer of the liver, metabolic syndrome, and diabetes.^{28,29} Not to mention what it's doing to your weight, mobility, and overall livelihood.

Are those **costs** that you are willing to **pay**? Let me be the first to tell you that your health, longevity, and quality of life are NOT worth sacrificing for something that can be so easily corrected.

And that's why we created Pro-X10™—to give you what is truly the easiest, most simplistic, most effective solution available to one of the most destructive health problems today.

At this point, you're probably wondering how you can obtain Pro-X10™ for yourself, along with the price for such a breakthrough, quality formula...both great questions.

Because we only use the finest ingredients and top-rate probiotic strains in Pro-X10™, along with the true, Scientific Dose™ of each (meaning, we only use the exact amount of each ingredient that research shows to be effective, instead of throwing in a “dusting” of an ingredient just for window dressing like so many other popular brands do), combined with the cost of patented Microencapsulation Technology™, patented allergen-free manufacturing, and the additional voluntary expense of FDA-accredited 3rd party quality assurance testing, the cost to produce Pro-X10™ is 400% to 500% higher than many of the low-quality, ineffective probiotic supplements available on the market today.

Even more, and this is vitally important, Pro-X10™ actually delivers what the label states—live, functional probiotic cells to your G.I. tract—unlike traditional probiotic products where 93% of the claimed cells will be dead and utterly useless before they even reach their home in your gut.

Simply put, dead probiotics don't and can't work, and as mentioned earlier, not only are these products a complete waste of your time and hard-earned money, but much more importantly they are **robbing you** of the critically important health benefits of probiotics while continuing to leave your body in an **endangered** state.

Instead, with Pro-X10™ we guarantee you'll receive and benefit from live probiotics cells—the equivalent of 50 BILLION cells daily—and then we take things a step further by backing that promise with an unheard of **1-YEAR Unconditional Money-Back Guarantee**.

I want you to do me a favor: Think about all the money you've spent, and all the valuable time you've wasted over the years, on so-called “solutions” that did nothing but leave you frustrated and disappointed. I'm talking about short term band-aids like the use of antacids, laxatives, and expensive medications. Now, how much would something that actually works—a **true solution** that definitively puts an end to your

struggles once and for all—be worth to you?

\$1000?

\$500?

Heck, between doctor visits, increased insurance premiums and co-pays, and the additional money you've spent trying to gain control of your health throughout the years, I'm sure the amount goes above and beyond those figures several times over... and very likely without much in the way of positive results to show for it.

And while we are **guaranteeing** your results with BioTrust , obtaining access to this true bacterial imbalance and health-restoring solution isn't going to cost you \$1000 or \$500. In fact, it's not \$400, \$300, or even \$200; although I'm sure you'd agree that finally ridding yourself of the negative side effects and health consequences of your probiotic imbalance, once and for all, would be completely worth that price.

Instead, the price you'll pay today for a 30-day supply of Pro-X10™ is just \$69.95.

But you know what? Joel, Josh, and I want to make this even better for you. Because you showed us, and yourself, that you are committed to your body and your health, or you wouldn't have read this entire report, if you order right now we're going to reward you with a 30-day supply of Pro-X10™ for just \$49...and here's the best part: when you choose to invest in our most popular 90-day supply package, or our "best deal" 180-day supply package, we're going to **give you an additional, sizable discount** on top of today's already reduced price.

That said, we're only able to guarantee this price until our current inventory runs out, as the price for the premium raw ingredients contained in Pro-X10™ is constantly changing, causing our pricing to be stringently re-evaluated with each subsequent production run... another reason why stocking up today is a smart option.

It's also important to know that you cannot buy Pro-X10™ cheaper at any other web site and it's not sold in stores. We guarantee the lowest price available by eliminating all the middlemen and shipping direct to you straight from our state-of-the-art fulfillment center.

So, provided Pro-X10™ is still in stock, you should see a table at the link below with 3 money-saving options for you to choose from. If you don't see it, that means we've temporarily sold out, in which case you can contact our customer service department and they'll be happy to add you to our back order notification list.

==> [**Secure Your Discounted Order of Pro-X10 Now**](#)

If you do see those 3 options at the link below, however, make sure to secure your order today while we still have availability and are able to offer the current pricing.

Here's exactly what to do:

For fastest service, simply choose your money-saving package via the special links in this report and then click the yellow "Add to Cart" button to reserve your discounted order of Pro-X10™ and proceed to our 256-bit secure order page. And don't worry; your order information is 100% safe and secure. We use the same online security system as trusted companies like Amazon.com.

And what's more, when you choose to invest in Pro-X10™ today, we're also going to include a FREE copy of our special consumer report "11 Foods That Kill Your Gut Health", giving you the inside scoop on all the "bad bacteria"-promoting foods to avoid to ensure you get the best results from your use of Pro-X10™. This is another \$29.95 value, but we're including it with your purchase today at no additional cost.

And if that wasn't enough, you'll also receive FREE email support with our trained health & nutrition experts to **make certain** that every aspect of your health transformation is fully supported...just one more way we assure your success at BioTrust with our industry-leading customer service team.

==> [**Secure Your Discounted Order of Pro-X10 Now**](#)

Now, as you can probably tell, at BioTrust we do things a LOT differently than the majority of companies in the nutritional supplement industry. You see, instead of our wallets, our number one priority is you, your results, and making sure you are taken great care of, which is why I want to take a moment to reiterate our guarantee to you:

If you use Pro-X10™, you will get results, **guaranteed**. We know it works, and so do the thousands of happy Pro-X10™ customers world-wide. After all, the ingredients we've included in Pro-X10™ are **clinically proven** to help rebalance your gut bacteria ratio, work wonders for your health, and put you back in control of your life, well-being, and overall vitality.

At the same time, as a first-time Pro-X10™ user, you have yet to experience those results and we understand that you may still be a little skeptical. Fact is, you work hard for every penny you earn and you **deserve** to know your purchase is fully protected—and it is—by our industry-best **1-Year Unconditional Money Back Guarantee**.

Simply put, that means you can try Pro-X10™ today, and if at any point over the next 365 days you feel Pro-X10™ isn't for you, for any reason whatsoever, you can get a prompt, courteous, unconditional refund of even empty bottles by contacting our customer support at 1-800-766-5086, or by emailing support@biotrust.com, or by using the quick contact form on our website. And if you didn't jot that down, don't worry; our contact information will be on your receipt and we're very easy to get a hold of.

==> [Secure Your Discounted Order of Pro-X10 Now](#)

Well, here we are. You're now standing at a fork in the road, staring down two possible paths to choose from.

On one side is a road that leads to more disappointment, frustration, and further health risk as your bacterial imbalance continues to spin out of control, firmly grabbing hold of every aspect of your life.

As you travel this road the symptoms you are currently experiencing become even more pronounced, while at the same time opening you up to more advanced, much more severe health consequences as infectious bacteria continues to expand and multiply within your intestinal walls, spreading its health-derailing effects throughout your entire body. Chronic sickness, fatigue, skin disorders, continued weight gain...a life of pain and discomfort, void of all vitality, enjoyment, and one that crushes even the most vigorous spirit.

But it doesn't have to be this way. You see, there lies that other road... a road where you are in total control of your body, your health, and ultimately your life's destiny,

knowing that the smooth, firm ground you walk on has been paved by the hundreds of hours of research we've already done on your behalf.

On this road, your health is restored, and enhanced...your life is full of vigor, free of discomfort and distress, and overflowing with energy—energy to spend on your family, your kids, and your most cherished relationships.

It's the only road that allows you to experience all the things you love most in life, the way they're supposed to be enjoyed—at their full potential—with **you** at your full potential, embracing every breath you take and every day you're blessed with open arms.

As a dietician who has dedicated my life to helping others, it is my genuine hope that this path is the direction you choose and experience, and I know it's the path that you also desire for yourself.

So now's your chance, your one opportunity to forgo your past and get started today toward a new, bright future where you're once again in the driver's seat, taking full control of your health, your body, and your life.

I speak for Josh, Joel and the entire BioTrust Team when I say that we couldn't be more excited to work with you and help you along the new path that you are choosing today. We're incredibly proud of you, and we want you to know that we'll be here for you, with you, every step of the way.

So make it a great day. Select your money-saving package below and then click the Add to Cart button to secure your discounted purchase of BioTrust Pro-X10™ and get started toward your new future right now.

==> [Secure Your Discounted Order of Pro-X10 Now](#)

FAQ:

Q: How many bottles should I order?

With research suggesting that probiotic supplementation is even more important to your health than taking a daily multi-vitamin, and the fact that inadequate probiotic levels have been linked through research to more than 170 different diseases and health issues, including obesity and weight gain, we truly believe that EVERYONE should be taking a probiotic daily, ongoing, to continually fight against the bacteria-imbaling factors that we are constantly exposed to every single day.

With that said, it is best to stock up and save more today with invest in our most popular 90-day supply package, or our “best deal” 180-day supply package, in order to restore and maintain a healthy probiotic balance while avoiding the negative consequences associated with toxic belly bugs and bacterial imbalances.

You can always return what you don't use if you decide Pro-X10 isn't right for you. Additionally, these packages allow you to take advantage of our lowest possible prices today, without the worry of increasing prices and/or additional shipping fees later.

Q: What specifically makes Pro-X10 the best probiotic supplement in the industry?

A: Through patented microencapsulation technology, Pro-X10™ delivers up to TEN TIMES more healthy bacteria to your gut (50 BILLION cells daily) when compared to traditional probiotic products where 93% of the cells are DEAD and useless before ever reaching their final destination.

Simply put, dead probiotics don't and can't work, and as mentioned earlier, not only are these products a complete waste of your time and hard-earned money, but much more importantly they are robbing you of the critically important health benefits of probiotics while continuing to leave your body in an endangered state.

In addition to that, Pro-X10:

- Is manufactured via a patented allergen-free process
- Is gluten-free and 100% All Natural
- Contains no artificial additives, colors, flavors, preservatives, or sweeteners
- Contains Actazin™, one of the most powerful probiotic support nutrients of all time, to support the regeneration of damaged gut lining cells
-
- Contains three additional, extremely unique probiotic strains not included in typical probiotic products, including: Bacillus Subtilis (for anti-inflammation), Lactobacillus salvarious (for unprecedented oral health), S. boulardii (for immune support, especially during periods of high stress)
-
- Contains only the finest ingredients and top-rate probiotic strains, along with the true, Scientific Dose™ of each (meaning, we only use the exact amount of each ingredient that research shows to be effective)
-
- Is backed by FDA-accredited 3rd party quality assurance testing and an unheard of 1-YEAR Unconditional Money-back Guarantee.

Q: What are the ingredients and amounts used in the formula?

Supplement Facts	
Serving Size: 2 Capsules Daily Servings Per Container: 30	
Amount Per Serving	
Microencapsulated Probiotic Blend (coated cells)	8 billion CFU*
<i>Bifidobacterium breve</i>	
<i>Bifidobacterium lactis</i>	
<i>Lactobacillus acidophilus</i>	
<i>Lactobacillus plantarum</i>	
<i>Lactobacillus rhamnosus</i>	
<i>Lactobacillus salivarius</i>	2 billion CFU
<i>Bacillus subtilis</i>	4 billion CFU
Yeast <i>Saccharomyces boulardii</i>	4 billion CFU
Actazin™ standardized kiwifruit powder	250 mg*

* Daily value not established.

Equivalent to 50 BILLION CFU daily through patented Microencapsulation Technology™

==> [Secure Your Discounted Order of Pro-X10 Now](#)

Q: How do I use this product?

Simply take two Pro-X10 capsules daily: one capsule just prior to breakfast and one capsule before dinner.

Q: Is it ok to take this supplement long term?

Yes, absolutely, and that is what is recommended. As mentioned, research suggests that probiotic supplementation is even more important to your health than taking a daily multi-vitamin, and because inadequate probiotic levels have been linked through research to more than 170 different diseases and health issues, including obesity and weight gain, we truly believe that EVERYONE should be taking a probiotic daily, ongoing, to continually fight against the bacteria-imbaling factors that we are constantly exposed to every single day.

Q: Does this product contain caffeine or any other stimulants?

No. There are no stimulants in Pro-X10 whatsoever.

==> [Secure Your Discounted Order of Pro-X10 Now](#)

Q: Are there any allergy concerns with this product?

Pro-X10™ is manufactured under a patented allergen-free manufacturing process. Pro-X10 is also gluten-free, and even approved for vegetarians and vegans due to our use of plant-based veggie capsules. If you have any concerns, please consult with your physician.

Q: If I have a medical condition, can I take this product?

Pro-X10 is an all-natural formula that is considered safe and extremely effective for nearly everyone. However, if you take prescription medications or have a medical condition, we recommend that you show a bottle of Pro-X10 to your physician and/or pharmacist for proper approval. You can always return it later with our 1-year money-back guarantee.

Q: How will this product be shipped to me and how quickly?

A: We will ship your order directly to your home or office using USPS and you will have it within 5 to 7 business days. Rush shipping is available.

==> [Secure Your Discounted Order of Pro-X10 Now](#)

Q: Will anything else be sent to me, or billed to me, after I order?

A: No. This is NOT an auto-ship program. You only get shipped what you order today and nothing more.

Q: Is it safe to order online from your web site?

Yes. We use a 256-bit secure ordering server so you are protected the same as if you were ordering from Amazon.com or any other trusted Web site.

Q: How long will the sale last?

A: We are unable to guarantee today's pricing beyond today. Our pricing often changes due to the constantly changing prices of the high-quality, exotic ingredients used in Pro-X10, along with the varying cost of patented manufacturing and Microencapsulation Technology™. To guarantee our lowest pricing, be sure to secure your order today.

Q: What if this product doesn't work for me?

While Pro-X10 was created to work, if for any reason at all you are unsatisfied with your Pro-X10 purchase, just let us know and we will refund even empty bottles without question. You're always protected by our industry best **1 YEAR Money Back Guarantee.**

==> [Secure Your Discounted Order of Pro-X10 Now](#)

REFERENCES

1. U.S. Department of Agriculture, Office of Inspector General; FSIS National Residue Program for Cattle, Audit Report 24601-08-KC, March 2010
2. W Kruis, G Forstmaier, C Scheurle, F Stellaard. Effect of diets low and high in refined sugars on gut transit, bile acid metabolism, and bacterial fermentation; *Gut*, 1991, 32, 367-371
3. Steinhoff U (June 2005). "Who controls the crowd? New findings and old questions about the intestinal microflora". *Immunol. Lett.* 99 (1): 12–6.
4. Jean-Pierre Hugot. Inflammatory bowel disease: a complex group of genetic disorders; *Best Practice & Research Clinical Gastroenterology*, Volume 18, Issue 3 , Pages 451-462, June 2004
5. A Venket Rao, Alison C Basted, Tracey M Beaulne, Martin A Katzman, Christina Iorio⁵, John M Berardi⁶ and Alan C Logan. A randomized, double-blind, placebo-controlled pilot study of a probiotic in emotional symptoms of chronic fatigue syndrome; *Gut Pathogens* 2009, 1:6
6. Huey-Shi Lye, Chiu-Yin Kuan, Joo-Ann Ewe, Wai-Yee Fung and Min-Tze Liong. The Improvement of Hypertension by Probiotics: Effects on Cholesterol, Diabetes, Renin, and Phytoestrogens; *Int. J. Mol. Sci.* 2009, 10, 3755-3775.
7. Gregory J. Leyer, PhDa, Shuguang Li, MSb, Mohamed E. Mubasher, PhDc, Cheryl Reifer, PhDd, Arthur C. Ouwehand, PhD. Probiotic Effects on Cold and Influenza-Like Symptom Incidence and Duration in Children; *Pediatrics* 2009;124:e172.
8. Silvia Wilson Gratz, Hannu Mykkanen, and Hani S El-Nezami. Probiotics and gut health: A special focus on liver diseases; *World J Gastroenterol.* 2010 January 28; 16(4): 403–410.
9. Whitney P Bowe, Alan C Logan. Acne vulgaris, probiotics and the gut-brain-skin axis - back to the future? *Gut Pathogens* 2011, 3:1.
10. Åsa Sullivan, Carl E Nord and Birgitta Evengård. Effect of supplement with lactic-acid producing bacteria on fatigue and physical activity in patients with chronic fatigue syndrome; *Nutrition Journal* 2009, 8:4.
11. Majamaa H, Isolauri E. Probiotics: a novel approach in the management of food allergy; *J Allergy Clin Immunol.* 1997 Feb;99(2):179-85.
12. Cani PD, Delzenne NM. Involvement of the gut microbiota in the development of low grade inflammation associated with obesity: focus on this neglected partner; *Acta Gastroenterol Belg.* 2010 Apr-Jun;73(2):267-9.

13. DiBaise JK, Zhang H, Crowell MD, Krajmalnik-Brown R, Decker GA, Rittmann BE. Gut microbiota and its possible relationship with obesity. *Mayo Clin Proc.* 2008 Apr;83(4):460-9.
14. Abou-Donia MB, El-Masry EM, Abdel-Rahman AA, McLendon RE, Schiffman SS. Splenda alters gut microflora and increases intestinal p-glycoprotein and cytochrome p-450 in male rats. *J Toxicol Environ Health A.* 2008;71(21):1415-29.
15. Kadooka Y, Sato M, Imaizumi K, Ogawa A, Ikuyama K, Akai Y, Okano M, Kagoshima M, Tsuchida T. Regulation of abdominal adiposity by probiotics (*Lactobacillus gasseri* SBT2055) in adults with obese tendencies in a randomized controlled trial; *Eur J Clin Nutr.* 2010 Jun;64(6):636-43.
16. Unpublished clinical study graphical data available upon request.
17. Del Piano M, Morelli L, Strozzi GP, Allesina S, Barba M, Deidda F, Lorenzini P, Ballaré M, Montino F, Orsello M, Sartori M, Garello E, Carmagnola S, Pagliarulo M, Capurso L. Probiotics: from research to consumer; *Dig Liver Dis.* 2006 Dec;38 Suppl 2:S248-55.
18. Islam, Mohammad Ariful, Cheol-Heui Yun, Yun-Jaie Choi, and Chong-Su Cho. Microencapsulation of Live Probiotic Bacteria; *J. Microbiol. Biotechnol.* (2010), 20(10), 1367–1377
19. Selvam R, Maheswari P, Kavitha P, Ravichandran M, Sas B, Ramchand CN. Effect of *Bacillus subtilis* PB6, a natural probiotic on colon mucosal inflammation and plasma cytokines levels in inflammatory bowel disease; *Indian J Biochem Biophys.* 2009 Feb;46(1):79-85.
20. Mayanagi G, Kimura M, Nakaya S, Hirata H, Sakamoto M, Benno Y, Shimauchi H. Probiotic effects of orally administered *Lactobacillus salivarius* WB21-containing tablets on periodontopathic bacteria: a double-blinded, placebo-controlled, randomized clinical trial; *J Clin Periodontol.* 2009 Jun;36(6):506-13. Epub 2009 Apr
21. Iwamoto T, Suzuki N, Tanabe K, Takeshita T, Hirofuji T. Effects of probiotic *Lactobacillus salivarius* WB21 on halitosis and oral health: an open-label pilot trial; *Oral Surg Oral Med Oral Pathol Oral Radiol Endod.* 2010 Aug;110(2):201-8.
22. McFarland L, Bernasconi P (1993). *Saccharomyces boulardii*: a review of an innovative biotherapeutic agent; *Microbial Ecology in Health and Disease* 6: 157–71.
23. Kotowska M, Albrecht P, Szajewska H (2005). *Saccharomyces boulardii* in the prevention of antibiotic-associated diarrhoea in children: a randomized double-blind placebo-controlled trial. *Alimentary Pharmacology & Therapeutics.* 21 (5): 583-90.
24. Deters AM, Schröder KR, Hensel A. Kiwi fruit (*Actinidia chinensis* L.)

- polysaccharides exert stimulating effects on cell proliferation via enhanced growth factor receptors, energy production, and collagen synthesis of human keratinocytes, fibroblasts, and skin equivalents; J Cell Physiol. 2005 Mar;202(3):717-22.
25. Proceedings of the Nutrition Society of New Zealand, 2008, Volume 32, pages 20-25. Forty Second Annual Conference held in combination with the Australian Nutrition Society at Massey University, Albany Campus, Auckland, New Zealand (December 2007).
 26. Bolino CM, Bercik P. Pathogenic factors involved in the development of irritable bowel syndrome: focus on a microbial role; Infect Dis Clin North Am. 2010 Dec;24(4):961-75.
 27. Forno E, Onderdonk AB, McCracken J, Litonjua AA, Laskey D, Delaney ML, Dubois AM, Gold DR, Ryan LM, Weiss ST, Celedón JC. Diversity of the gut microbiota and eczema in early life; Clin Mol Allergy. 2008 Sep 22;6:11.
 28. Frazier TH, DiBaise JK, McClain CJ. Gut microbiota, intestinal permeability, obesity-induced inflammation, and liver injury; JPEN J Parenter Enteral Nutr. 2011 Sep;35(5 Suppl):14S-20S.
 29. Cani PD, Delzenne NM. The role of the gut microbiota in energy metabolism and metabolic disease; Curr Pharm Des. 2009;15(13):1546-58.

==> [Secure Your Discounted Order of Pro-X10 Now](#)

