

SPIRITUAL
CONSCIOUS
NESS
—
A. P. MUKERJI

~ SPIRITUAL ~
CONSCIOUSNESS



YOGI
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A.P. MUKERJI

YOGA LESSONS
FOR
DEVELOPING SPIRITUAL
CONSCIOUSNESS

BY

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sympathetic chord in your heart. It may be my good fortune to present to you more fully some truths of the Grand Yoga Philosophy of ancient India of which I have hardly succeeded in touching even the outskirts. You may catch a passing glimpse here, a flash of light there:—but what of that? The Lord alone can enlighten your intellect. Therefore meditate and pray often and wait in patient earnestness for the dawn of spiritual Light from within. It will come. You cannot escape your own birth right.

Peace—Peace—Peace—be unto You.

