

Navigating Hope

Caroline Myss

SESSION ONE

Introduction

Our current axial shift

The grace of hope

The 1960s: The decade of revolution

The 1970s: The decade of involution

What is false hope?

The 1980s: The decade of narcissism

Sacrifice and transformation

The ritual of the crucifixion

Entitlement based on wounds

“I will not pass on this suffering”

The real journey is to know love

Becoming vessels of hope

SESSION TWO

Introduction

We have the potential for evolution and
empowerment

Developing the stamina to receive truths at
light speed

Evolving into invisible power and intimacy
with humanity

Inner revelation and the mystical life

The absence and power of community

Stepping outside of yourself and extending

Suggestions for “crewing together”

Becoming the best of who you are

Confronting your fear of humiliation

Letting the narcissist die and the soul
be born

SOUNDS TRUE

Many voices. One journey.

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