

Deepak
Chopra's
Seven
Spiritual
Laws of
Success



Cultivate Life!
MAGAZINE



Cultivate Life! magazine
is published every week.
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Editors: Greg Willson and Peter Shepherd

The following selection is from
No Limits & Cultivate Life! magazine

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Trans4mind

Deepak Chopra's Seven Spiritual Laws of Success

Deon Du Plessis

An Enlightened Approach To Success

What does success mean to you? Are you successful right now and if not, why not? Can it be that what we are all looking and striving for is only an illusion? In *The Seven Spiritual Laws Of Success*, Deepak Chopra addresses some of the most pressing and unanswered questions regarding success and he offers a unique and insightful approach to an age-old desire that we all seem to be born with

Deepak Chopra defines success as 'the continued expansion of happiness and the progressive realization of worthy goals'. This definition is quite different to society's rules for success, which is almost always connected to material gain or external recognition. Although these things are often the result of success, it is by no means the cause or even the definition of success.

A recent explosion in so-called 'success literature' flooded a whole lot of ideas into the popular culture. Human nature's desire for success and 'having more' sends us all flocking to the bookshops to soak up the latest 'tips' and 'tricks'. Although most of these books send out a very positive message, very few of them ever drill down to the very nature of success and what it really takes to be successful as a human being. What makes Deepak Chopra's *The Seven Spiritual Laws Of*

Success so unique is that it is a completely different approach to success that is not based on 'strategies' but on the inner laws that govern your very being.

While most of the success literature on the market focuses on the mind, psychology and actual 'how-to' advice, *The Seven Spiritual Laws* draws on Deepak Chopra's background in the healing arts and the ancient spiritual wisdom of the East. In the rational western society we tend to focus on 'things and stuff' and no matter how much we get, the more we want and the idols and role models in our society end up either in rehab or in an early grave. Something seems to be missing in our very definition of success and what we aspire to as a society.

One of the most fundamental lessons in *The Seven Spiritual Laws of Success* is that true and lasting success is an internal process and that it has very little to do with what goes on outside of you. When you realize that who you really are is not your body, but that you are essentially a spiritual being having a human experience, you can start to shift your attention to creating not just success but that sense of inner peace, fulfillment and joy that is the very purpose of your life here on earth. Living with an inner sense of peace every day of your life, having harmonious and joyous relationships, contributing to life and having energy, enthusiasm and eagerness is what *The Seven Spiritual Laws Of Success* is all about.

Success is not something that is fixed at any given point in time. It is an ongoing process and it is not defined by definitive moments or events. As clichéd as it may sound, success is a journey and a process. Remember that the purpose of traveling is not to reach a destination, but to travel and to experience everything along the way with joy and appreciation. As long as your success is limited to 'things and stuff' you will never be successful as you will always need more of it just to feel successful. When you draw your success and fulfillment

from inside you, and when you realize that your spiritual need for success is what you are really aiming to satisfy, ironically, all the 'things and stuff' will start coming to you in amounts greater than you ever thought possible.

What so many people fail to grasp is that all the material wealth and success is the result of 'what you are' as a person. In *The Seven Spiritual Laws Of Success*, Deepak Chopra outlines the seven laws and how you can use and apply these laws in your life to create whatever you desire.

Now let's go over *The Seven Spiritual Laws of Success* and see how we can apply them in our lives.

1) The Law of Pure Potentiality

This law is based on the fact that we are, in our essential state, pure consciousness. Pure consciousness is pure potentiality; it is the field of all possibilities and infinite creativity. When you discover your essential nature and know who you really are, in that knowing itself is the ability to fulfill any dream you have, because you are the eternal possibility, the immeasurable potential of all that was, is and will be. One way to access the field is through the daily practice of silence, meditation and non-judgment. Spending time in nature will also give you access to the qualities inherent in the field: infinite creativity, freedom and bliss.

2) The Law of Giving

This law could also be called the Law of Giving and Receiving, because the universe operates through dynamic exchange. The flow of life is nothing other than the harmonious interaction of all the elements and forces that structure the field of existence. Because your body and your mind and the universe are in constant and

dynamic change, stopping the circulation of energy is like stopping the flow of blood. Whenever blood stops flowing, it begins to clot, to stagnate. That is why you must give and receive in order to keep wealth and affluence—or anything you want—circulating in your life. Thus, the more you give, the more you will receive

3) The Law of Karma (or Cause and Effect)

"Karma" is both action and the consequence of that action; it is cause and effect simultaneously, because every action generates a force of energy that returns to us in kind. Everyone had heard the expression, "What you sow is what you reap." Obviously, if we want to create happiness in our lives, we must learn to sow the seeds of happiness. You can use the Law of Karma to create money and affluence, and the flow of all good things to you, any time you want. But first, you must become consciously aware that your future is generated by the choices you are making in every moment of your life. If you do this on a regular basis, then you are making full use of this law. The more you bring your choices into the level of your conscious awareness, the more you will make those choices which are spontaneously correct—both for you and those around you.

4) The Law of Least Effort

This law is based on the fact that nature's intelligence functions with effortless ease and abandoned carefreeness. This is the principle of least action, of no resistance. This is, therefore, the principle of harmony and love. When we learn this lesson from nature, we easily fulfill our desires. Least effort is expended when your actions are motivated by love, because nature is held together by the energy of love. When you seek power and control over other people, you waste energy. When you seek money or power for the sake of the ego, you spend energy chasing the illusion of happiness instead of enjoying happiness in the moment. When your actions are motivated by love,

your energy multiplies and accumulates—and the surplus energy you gather and enjoy can be channeled to create anything that you want, including unlimited wealth.

5) The Law of Intention and Desire

This law is based on the fact that energy and information exist everywhere in nature. A flower, a rainbow, a tree, a human body, when broken down to their essential components are energy and information. The whole universe, in its essential nature, is the movement of energy and information. The only difference between you and a tree is the informational and energy content of your respective bodies. You can consciously change the energy and informational content of your own quantum mechanical body, and therefore influence the energy and informational content of your extended body—your environment, your world—and cause things to manifest in it. Intention lays the groundwork for the effortless, spontaneous, frictionless flow of pure potentiality.

6) The Law of Detachment

This law says that in order to acquire anything in the physical universe, you have to relinquish your attachment to it. This doesn't mean you give up the intention to create your desire. You give up your attachment to the result. This is a very powerful thing to do. The moment you relinquish your attachment to the result, combining one-pointed intention with detachment at the same time, you will have that which you desire. Anything you want can be acquired through detachment, because detachment is based on the unquestioning belief in the power of your true Self. Attachment comes from poverty consciousness, because attachment is always to symbols. Detachment is synonymous with wealth consciousness, because with detachment there is freedom to create. True wealth consciousness is

the ability to have anything you want, anytime you want, and with least effort.

7) The Law of "Dharma" or Purpose in Life

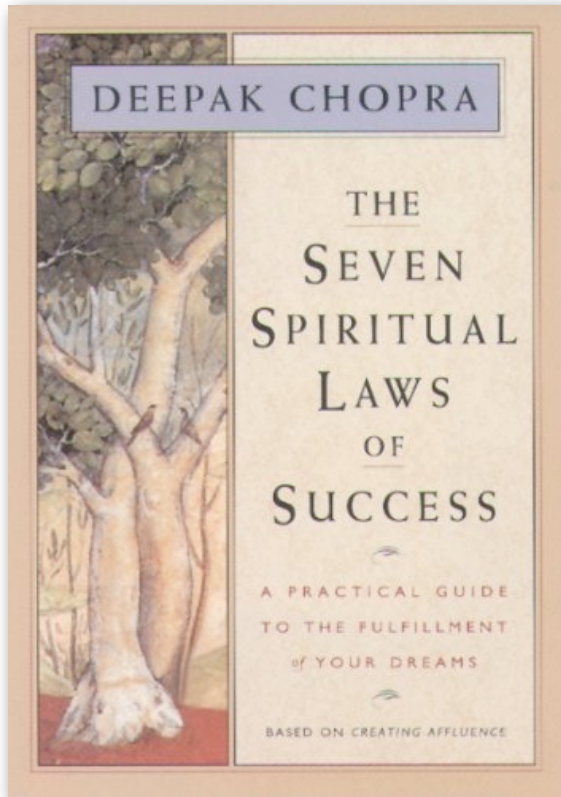
The seventh spiritual law of success is the Law of Dharma. (Dharma is a Sanskrit word that means "purpose in life.") This law says that we have taken manifestation in physical form to fulfill a purpose. You have a unique talent and a unique way of expressing it. There is something that you can do better than anyone else in the whole world—and for every unique talent and unique expression of that talent, there are also unique needs. When these needs are matched with the creative expression of your talent, that is the spark that creates affluence. Expressing your talents to fulfill needs creates unlimited wealth and abundance.

The Seven Spiritual Laws of Success are powerful principles that will enable you to attain self-mastery. If you put your attention on these laws and practice the steps outlined above, you will see that you can manifest anything you want—all the affluence, money and success you desire. You will also see that your life becomes more joyful and abundant in every way, for these laws are also the spiritual laws of life that make living worthwhile. ###

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